

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|---|---|--|--|--|---|---|---|
| CUMBERLAND TRACE - ASSISTED LIVING  1925 REEVES RD. PLAINFIELD, IN 46168 CARDON.US/COMMUNITIES/CUMBERLAND-TRACE (317) 838-7070 | | | 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: NEWSPAPER / CURRENT EVENTS 12:30 ARTS & CRAFTS: WOOD SPRING WIND CHIMES 1:30 BINGO (CHAIR EXERCISES) 2:30 PORCH SITTING & LEMONADE 3:00 BIBLE STUDY W/ CHURCH OF CHRIST 6:00 CARD NIGHT (2 ND FLR) All Fools' Day Passover Begins | 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS: HUMOR - A WEE BIT O' IRISH 12:30 MOVIE MATINEE (PT): SINGING IN THE RAIN 12:30 WALMART 1:00 MILKSHAKES & GUY TALK 2:00 POPCORN CART 3:00 BINGO 6:00 EUCHRE (2 ND FLR) LAST DAY OF LENT | 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: TABLE TALK TIDBITS 11:00 WHATCHA COOKIN: BLUEBERRY MUFFINS 12:30 COURTYARD RELAXING 1:30 HAPPY HOUR (PR) 3:00 FANCY NAILS 6:00 CARD NIGHT (2 ND FLR) | 3 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 2:30-4:00 BINGO | 4 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 2:30-4:00 BINGO |
| 5 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 2:00 PLAINFIELD CHRISTIAN CHURCH Easter Sunday | 6 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: APRIL TRIVIA 11:00 WHATCHA COOKIN: PERSONAL CHEESE PIZZA 1:00 ST SUSANNA CATHOLIC MASS (PT) 12:30 COURTYARD RELAXING 1:30 HAPPY HOUR (PR) 3:00 FANCY NAILS 6:00 CARD NIGHT (2 ND FLR) | 7 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS: WHO AM I - JANE GOODALL 12:30 MOVIE MATINEE (PT): PAWS TO THE RESCUE 1:00 MARGARITAS & GAME TIME - RESIDENT'S CHOICE 2:00 AFTERNOON MOVE & GROOVE (VIDEO) 3:00 BINGO 6:00 EUCHRE (2 ND FLR) | 8 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: NEWSPAPER / CURRENT EVENTS 11:00 OLIVE GARDEN 12:30 ARTS & CRAFTS: BUNNY FENCE CRAFT 1:30 BINGO (CHAIR EXERCISES) 2:30 PORCH SITTING & LEMONADE 3:00 BIBLE STUDY W/ CHURCH OF CHRIST 6:00 CARD NIGHT (2 ND FLR) | 9 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS: STAR OF THE MONTH 12:30 MOVIE MATINEE (PT): REAR WINDOW 1:00 MILKSHAKES & GUY TALK 2:00 POPCORN CART 3:00 BINGO 6:00 EUCHRE (2 ND FLR) | 10 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: TRIVIA - WHAT TREE AM I 11:00 WHATCHA COOKIN: DEVEILED EGGS 12:30 FANCY NAILS 1:30 MUSIC W/ TOM BROWN 3:00 HAPPY HOUR (PR) 6:00 BINGO | 11 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 1:00-3:00 (MAIN LOBBY) BUNNY & BLOOMS FAMILY DAY 2:00-3:00 MUSIC W/ BISCUITS & GRAVY (DR) | |
| 12 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 2:00 FIRST BAPTIST CHURCH | 13 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: RANDOM TRIVIA 11:00 WHATCHA COOKIN: CHICKEN WINGS W/ BBQ SAUCE 12:30 COURTYARD RELAXING 1:00 COMMUNION (PR) 1:30 HAPPY HOUR (PR) 3:00 FANCY NAILS 6:00 CARD NIGHT (2 ND FLR) | 14 9:00 ERRAND DAY 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS: APRIL JOKES 12:30 MOVIE MATINEE (PT): THE SORROW & THE PITY 1:00 MARGARITAS & GAME TIME - RESIDENT'S CHOICE 2:00 AFTERNOON MOVE & GROOVE (VIDEO) 3:00 BINGO 6:00 EUCHRE (2 ND FLR) | 15 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: NEWSPAPER / CURRENT EVENTS 12:30 MEIJER 12:30 ARTS & CRAFTS: CERAMIC TEA POT PLANTERS 1:30 MUSIC W/ DAVE LASKEY 2:30 PORCH SITTING & LEMONADE 3:00 BIBLE STUDY W/ CHURCH OF CHRIST 6:00 CARD NIGHT (2 ND FLR) | 16 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS 12:30 MOVIE MATINEE (PT): BEETHOVEN 1:00 MILKSHAKES & GUY TALK 2:00 POPCORN CART 3:00 BINGO 6:00 EUCHRE (2 ND FLR) | 17 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: FLAMBOYANT FLAMINGOS 11:00 WHATCHA COOKIN: CHEESY GARLIC BREAD 12:30 COURTYARD RELAXING 1:00 FANCY NAILS 2:00 MUSIC W/ BISCUITS & GRAVY (DR) 3:00 HAPPY HOUR (PR) 6:00 CARD NIGHT (2 ND FLR) | 18 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 2:30-4:00 BINGO | |
| 19 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 2:00 UNITED METHODIST CHURCH | 20 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: ROLLING THREW TIME 11:00 WHATCHA COOKIN: CHIPS W/ ONION DIP 12:30 COURTYARD RELAXING 1:00 COMMUNION (PR) 1:00 FANCY NAILS 2:00 MUSIC W/ GLACIER LINE (DR) 3:00 HAPPY HOUR (PR) 6:00 MUSIC W/ JUSTIN MONTS | 21 9:00 ANDERSON CASINO 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS: AMERICAN POETRY 12:30 MOVIE MATINEE (PT): NORTH BY NORTHWEST 1:00 MARGARITAS & GAME TIME - RESIDENT'S CHOICE 2:00 AFTERNOON MOVE & GROOVE (VIDEO) 3:00 BINGO 6:00 EUCHRE (2 ND FLR) | 22 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: NEWSPAPER / CURRENT EVENTS 12:30 ARTS & CRAFTS: CRYSTAL BEADED SUNCATCHERS 12:30 JC PENNY'S 1:30 BINGO (CHAIR EXERCISES) 2:30 PORCH SITTING & LEMONADE 3:00 BIBLE STUDY W/ CHURCH OF CHRIST 6:00 CARD NIGHT (2 ND FLR) Earth Day Administrative Professionals Day | 23 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS: TRAVELOGUE - CHECKING OUT CHILE 12:30 MOVIE MATINEE (PT): REAR WINDOW 1:00 MILKSHAKES & GUY TALK 2:00 POPCORN CART 3:00 BINGO 6:00 EUCHRE (2 ND FLR) | 24 10:00-3:00 FREE RUMMAGE SALE BOOKS, CLOTHING, SHOES, AND MORE! 6:00 BINGO Arbor Day | 25 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 2:30-4:00 BINGO | |
| 26 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 2:00 PLAINFIELD CHRISTIAN CHURCH | 27 10:00-2:00 PAPARAZZI JEWELRY 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: TRIVIA - BIGGER THAN LIFE 11:00 WHATCHA COOKIN: WATERMELON 12:30 COURTYARD RELAXING 1:00 COMMUNION (PR) 1:30 HAPPY HOUR (PR) 3:00 FANCY NAILS 6:00 CARD NIGHT (2 ND FLR) | 28 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS: EZ RANDOM TRIVIA 12:30 MOVIE MATINEE (PT): WINN DIXIE 1:00 MARGARITAS & GAME TIME - RESIDENT'S CHOICE 2:00 MUSIC W/ RJ SUTTON 3:00 BINGO 6:00 EUCHRE (2 ND FLR) | 29 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: NEWSPAPER / CURRENT EVENTS 11:00 THE COACHMAN 12:30 ARTS & CRAFTS: RESIDENT'S CHOICE / MISC. 1:30 BINGO - CHAIR EXERCISES 2:00 TOWN HALL 3:00 BIBLE STUDY W/ CHURCH OF CHRIST 6:00 CARD NIGHT (2 ND FLR) | 30 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS: APRIL HUMOR 12:30 MOVIE MATINEE (PT): IT'S A WONDERFUL LIFE 1:00 MILKSHAKES & GUY TALK 2:00 POPCORN CART 3:00 BINGO 6:00 EUCHRE (2 ND FLR) | ALL ASSISTED LIVING ACTIVITIES ARE IN THE (AR) UNLESS OTHERWISE SPECIFIED. (AR) ACTIVITY ROOM / CIVIC HALL (DR) DINING ROOM (PR) POOL ROOM (PT) PREWITT THEATER (2ND FLR) SECOND FLOOR | | |

WANT TO STAY ACTIVE? WATCH OUR DAILY EXERCISE VIDEO! 9:00 AM ON CHANNEL 4 MOVE AT YOUR OWN PACE... ..RIGHT FROM YOUR ROOM!