

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CUMBERLAND TRACE FAMILY-FIRST SENIOR LIVING 1925 REEVES ROAD PLAINFIELD, INDIANA 46168 CARDON.US/COMMUNITIES/ CUMBERLAND-TRACE CALL US! (317) 838-7070	 Labor Day	 Autumn Begins				
6 GRAB & GO - DAILY CHRONICLE - DEVOTIONS 12:00 PORCH RELAX & CHAT 2:00 PLAINFIELD CHRISTIAN CHURCH 6:00 CARD NIGHT (2ND FLR)	7 9:00 SILVER STRIDERS ~ ENJOY A WALK OUTSIDE TODAY! 10:00 TEA & AROMATHERAPY 10:30 SHUFFLEBOARD 12:00 PORCH RELAX & CHAT 1:00 ST. SUSANNA MASS (PT) 1:30 HAPPY HOUR – DEVILED EGGS (PR) 3:00 FANCY NAILS 6:00 CARD NIGHT (2ND FLR)	8 9:00 ERRAND DAY 9:00 SILVER STRIDERS ~ ENJOY A WALK OUTSIDE TODAY! 10:00 COFFEE & CONVOS 10:30 JEOPARDY TRIVIA 12:00 PORCH RELAX & CHAT 1:00 FIT & FUN BINGO-CIZE 2:00 MUSIC w/ RHATATAT 3:00 BINGO 6:00 EUCHRE (2ND FLR)	9 9:00 SILVER STRIDERS ~ ENJOY A WALK OUTSIDE TODAY! 10:00 ARTS & CRAFTS – DECORATE GLOBE ORNAMENTS 12:00 WALMART 12:00 PORCH RELAX & CHAT 1:30 POPCORN & PUZZLES 3:00 BIBLE STUDY w/ CHURCH OF CHRIST WEST 6:00 CARD NIGHT (2ND FLR)	10 9:00 SILVER STRIDERS ~ ENJOY A WALK OUTSIDE TODAY! 9:30 MEN'S BREAKFAST 10:00 COFFEE & CONVOS 10:30 MONTHLY GAZETTE 12:00 PORCH RELAX & CHAT 1:00 FIT & FUN BINGO-CIZE 2:00 HOT COCOA 3:00 EZ DOES IT BINGO 6:00 EUCHRE (2ND FLR)	11 9:00 SILVER STRIDERS ~ ENJOY A WALK OUTSIDE TODAY! 10:00 TEA & AROMATHERAPY 10:30 FOOTBALL FUNNIES 12:00 PORCH RELAX & CHAT 1:00 FANCY NAILS 2:00 MUSIC w/ SHOWERS OF BLESSINGS 3:00 HAPPY HOUR – TUNA SALAD SANDWICHES (PR) 6:00 CARD NIGHT (2ND FLR) Rosh Hashanah Begins	12 GRAB & GO - DAILY CHRONICLE - WORD PUZZLES 12:00 PORCH RELAX & CHAT 3:00 BINGO 6:00 CARD NIGHT (2ND FLR)
13 GRAB & GO - DAILY CHRONICLE - DEVOTIONS 12:00 PORCH RELAX & CHAT 2:00 PLAINFIELD CHRISTIAN CHURCH 6:00 CARD NIGHT (2ND FLR) CELEBRATING NATIONAL ASSISTED LIVING WEEK "AGING LIKE FINE WINE IN TUSCANY" Grandparents Day	14 10:00 POSTCARDS FROM TUSCANY 10:30 TUSCAN CAFÉ & SINATRA 12:00 MOVIE MATINEE (PT) "ROMAN HOLIDAY" 1:00 ARTISAN CHEESE PAIRINGS & CHARCUTERIE BOARDS 2:00 MUSIC w/ RAY HOSKINS 3:00 TUSCAN SPA RETREAT: LAVENDER HAND MASSAGES & MANICURES 6:00 CARD NIGHT (2ND FLR)	15 9:00 SHELBYVILLE CASINO 10:00 VIRTUAL TOUR OF TUSCANY, FLORENCE, AND SIENA 10:30 VINEYARD GAMES: "GRAPE STOMP" COMPETITION 1:00 TIRAMISÙ & TUSCANY TRIVIA 2:00 "A WALK THROUGH TUSCANY" CHAIR EXERCISES 3:00 WINE A LITTLE, BINGO A LOT 6:00 EUCHRE (2ND FLR)	16 10:00 DECORATE WINE GLASSES 10:30 TUSCAN CAFÉ & OPERA 11:00 SAL'S (PLAINFIELD) 12:00 MOVIE MATINEE (PT) "UNDER THE TUSCAN SUN" 1:00 ITALIAN BREAD DIPPING & OLIVE OIL TASTING 2:00 WINE TASTING & "THE ART OF WINEMAKING" 3:00 BIBLE STUDY w/ CHURCH OF CHRIST WEST 6:00 CARD NIGHT (2ND FLR)	17 0:00 MATCHING ITALIAN PHRASES 10:30 "AGING LIKE FINE WINE" PHOTOSHOOT & FUN! 1:00 ITALIAN LEMONADE & LEMON COOKIES 2:00 MAGIC SHOW w/ CHAD COLLYER 3:00 WINE A LITTLE, BINGO A LOT 6:00 EUCHRE (2ND FLR)	18 10:00 FLORAL ARRANGING 10:30 TUSCAN CAFÉ & DEAN MARTIN 1:00 "AGING LIKE FINE WINE" RESIDENT RECOGNITION CEREMONY w/ SPARKLING CIDER & CANNOLI'S 2:00 MUSIC w/ BURNING DAYLIGHTS 3:00 TUSCAN SPA RETREAT: LAVENDER HAND MASSAGES & MANICURES 6:00 CARD NIGHT (2ND FLR) Oktoberfest Begins	19 GRAB & GO - DAILY CHRONICLE - WORD PUZZLES 12:00 PORCH RELAX & CHAT 3:00 BINGO 6:00 CARD NIGHT (2ND FLR)
20 GRAB & GO - DAILY CHRONICLE - DEVOTIONS 12:00 PORCH RELAX & CHAT 2:00 PLAINFIELD CHRISTIAN CHURCH 6:00 CARD NIGHT (2ND FLR) Yom Kippur Begins	21 10:00-2:00 PAPARAZZI JEWELRY 9:00 SILVER STRIDERS ~ ENJOY A WALK OUTSIDE TODAY! 10:00 TEA & AROMATHERAPY 10:30 CORN HOLE 12:00 PORCH RELAX & CHAT 1:00 FANCY NAILS 2:00 MUSIC w/ JUSTIN MONTS 3:00 HAPPY HOUR – PULLED PORK SLIDERS (PR) 6:00 CARD NIGHT (2ND FLR)	22 9:00 SILVER STRIDERS ~ ENJOY A WALK OUTSIDE TODAY! 10:00 COFFEE & CONVOS 10:30 BELL BOTTOMS TO BOOTS 11:00 "FIRST DAY OF FALL" PICNIC AT PIONEER PARK 12:00 PORCH RELAX & CHAT 1:00 FIT & FUN BINGO-CIZE 2:00 APPLE CIDER 3:00 BINGO 6:00 EUCHRE (2ND FLR)	23 9:00 SILVER STRIDERS ~ ENJOY A WALK OUTSIDE TODAY! 10:00 ARTS & CRAFTS – FARMER'S MARKET SIGNS 12:00 PORCH RELAX & CHAT 3:00 BIBLE STUDY w/ CHURCH OF CHRIST WEST 6:00 CARD NIGHT (2ND FLR)	24 9:00 SILVER STRIDERS ~ ENJOY A WALK OUTSIDE TODAY! 10:00 COFFEE & CONVOS 10:30 TRAVELOGUE – MEET ME IN MONTREAL 12:00 PORCH RELAX & CHAT 1:00 FIT & FUN BINGO-CIZE 2:00 HOT COCOA 3:00 EZ DOES IT BINGO 6:00 EUCHRE (2ND FLR)	25 9:00 SILVER STRIDERS ~ ENJOY A WALK OUTSIDE TODAY! 10:00 TEA & AROMATHERAPY 10:30 FANCY NAILS 12:00 PORCH RELAX & CHAT 1:00 FOOD COUNCIL 2:00 TOWN HALL MEETING 3:00 HAPPY HOUR – CORN DOGS (PR) 6:00 BINGO Sukkot Begins	26 GRAB & GO - DAILY CHRONICLE - WORD PUZZLES 12:00 PORCH RELAX & CHAT 3:00 BINGO 6:00 CARD NIGHT (2ND FLR)
27 GRAB & GO - DAILY CHRONICLE - DEVOTIONS 12:00 PORCH RELAX & CHAT 2:00 PLAINFIELD CHRISTIAN CHURCH 6:00 CARD NIGHT (2ND FLR)	28 9:00 SILVER STRIDERS ~ ENJOY A WALK OUTSIDE TODAY! 10:00 TEA & AROMATHERAPY 10:30 CONNECT 4 12:00 PORCH RELAX & CHAT 1:00 FANCY NAILS 2:00 MUSIC w/ DYNAMIC DUO 3:00 HAPPY HOUR – PB&J SANDWICHES (PR) 6:00 CARD NIGHT (2ND FLR)	29 9:00 SILVER STRIDERS ~ ENJOY A WALK OUTSIDE TODAY! 10:00 COFFEE & CONVOS 10:30 STAR OF THE MONTH – JOHN TRAVOLTA 12:00 PORCH RELAX & CHAT 1:00 FIT & FUN BINGO-CIZE 2:00 MILKSHAKES 3:00 BINGO 6:00 EUCHRE (2ND FLR)	30 9:00 SILVER STRIDERS ~ ENJOY A WALK OUTSIDE TODAY! 10:00 ARTS & CRAFTS – CYO WOODEN COASTERS 12:00 MEIJER 12:00 PORCH RELAX & CHAT 1:30 POPCORN & PUZZLES 3:00 BIBLE STUDY w/ CHURCH OF CHRIST WEST 6:00 CARD NIGHT (2ND FLR)	 September 2026 ASSISTED LIVING ALL ACTIVITIES ARE ON ASSISTED LIVING UNLESS OTHERWISE NOTED. ACTIVITIES ARE SUBJECT TO CHANGE.		