
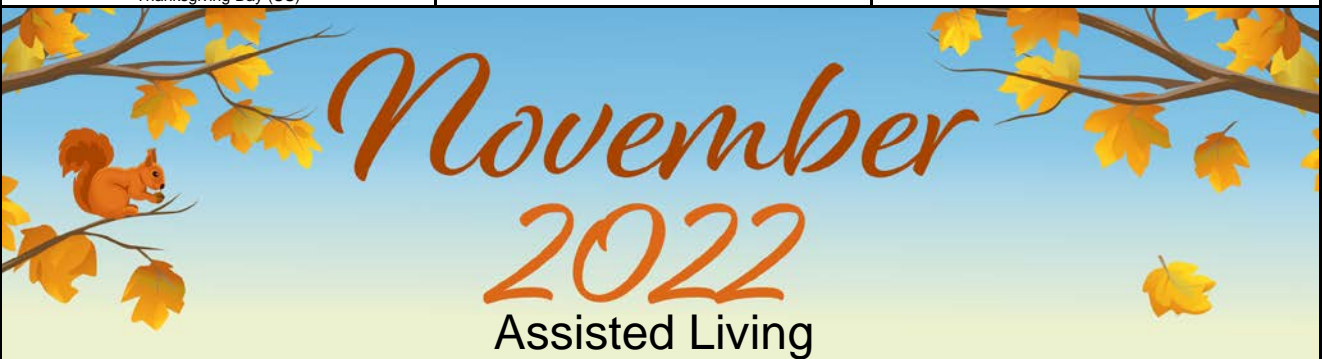


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1925 Reeves Rd. Plainfield, IN 46168 317.838.7070 cumberlandtrace.us</p> 		<p>10:00 Sit & Stretch 1 10:30 Daily Chronicle 11:00 Trivia Fun 2:00 Town Hall (Bistro) 3:00 Bingo</p>	<p>10:00 Sit & Stretch 2 10:30 Daily Chronicle 11:00 Cranium Crunches 2:00 Belleville Church or Christ Bible Study 3:00 Arts & Crafts- Foam Fall Leaves</p>	<p>10:00 Sit & Stretch 3 10:30 Daily Chronicle 11:00 Travelogue- New England 2:00 Bingo 3:00 Social Hour</p>	<p>10:00 Sit & Stretch 4 10:30 Daily Chronicle 11:00 East or West Game 1:30 Trip to JCPenney's 3:00 Manicures 6:00 Mindful Coloring</p>	<p>9:30 – 11:30 Sit & Stretch on 5 Channel 4 10:30 Daily Chronicle 11:00 Courtyard Stroll 2:00 Bingo</p>
<p>9:30 – 11:30 Sit & Stretch on 6 Channel 4 10:30 Daily Chronicle 11:00 Courtyard Stroll 2:00 Plainfield Christian Church</p> <p><small>Daylight Saving Time Ends</small></p>	<p>10:00 Sit & Stretch 7 10:30 Daily Chronicle 11:00 Baking Club- Pumpkin Roll 1:00 St. Susanna Holy Communion (Colonnade) 2:00 Bingo 3:00 Social Hour 6:00 Card Games (PR)</p>	<p>10:00 Sit & Stretch 8 10:30 Daily Chronicle 11:00 Wii Jeopardy Game 2:00 Who, What, Where Am I? 3:00 Manicures 6:00 Painting with Tracy</p>	<p>10:00 Sit & Stretch 9 10:30 Daily Chronicle 11:00 Cranium Crunches 2:00 Belleville Church or Christ Bible Study 3:00 Veteran's Pinning Ceremony</p>	<p>10:00 Sit & Stretch 10 10:30 Daily Chronicle 11:00 Star of the Month – Grace Kelly 2:00 Bingo 3:00 Music with Nathan Dillon</p>	<p>10:00 Sit & Stretch 11 10:30 Lunch at Olive Garden 2:00 VFW and Indiana Honor Guard Presentation 3:00 Social Hour 6:00 Mindful Coloring</p> <p><small>Veterans Day Remembrance Day (Canada)</small></p>	<p>9:30 – 11:30 Sit & Stretch on 12 Channel 4 10:30 Daily Chronicle 11:00 Courtyard Stroll 2:00 Bingo</p>
<p>9:30 – 11:30 Sit & Stretch 13 Channel 4 10:30 Daily Chronicle 11:00 Courtyard Stroll 2:00 First Baptist Church</p>	<p>10:00 Vet to Vet Café 14 1:00 St. Susanna Holy Communion (Colonnade) 2:00 Bingo 3:00 Social Hour 6:00 Card Games (PR)</p>	<p>10:00 Sit & Stretch 15 10:30 Daily Chronicle 11:00 Trivia Fun 2:00 Family Feud Whiteboard Game 3:00 Corn Hole</p>	<p>10:00 Sit & Stretch 16 10:30 Daily Chronicle 11:00 Lunch Order: Culver's 2:00 Belleville Church or Christ Bible Study 3:00 Arts & Crafts- Painting Ceramic Fall Leaves</p>	<p>10:00 Sit & Stretch 17 10:30 Daily Chronicle 11:00 Baking Club - Easy Dr. Pepper Chocolate Cake 2:00 Bingo 3:00 Social Hour</p>	<p>10:00 Sit & Stretch 18 10:30 Daily Chronicle 11:00 Daily Gratitude Calendar 1:30 Trip to Meijer 3:00 Manicures 6:00 Mindful Coloring</p>	<p>9:30 – 11:30 Sit & Stretch on 19 Channel 4 10:30 Daily Chronicle 11:00 Courtyard Stroll 1:30 Mary Poppins Musical at PHS</p>
<p>9:30 – 11:30 Sit & Stretch 20 Channel 4 10:30 Daily Chronicle 11:00 Courtyard Stroll 2:00 United Methodist Church</p>	<p>10:00 Sit & Stretch 21 10:30 Daily Chronicle 11:00 Baking Club- Dreamy No Bake Pumpkin Pie 1:00 St. Susanna Holy Communion (Colonnade) 2:00 Bingo 3:00 Music with Steve Elston 6:00 Card Games (PR)</p>	<p>8:00 Men's Breakfast 22 10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Wii Jeopardy Game 2:00 Thanksgiving: Abundance and Gratitude with Joseph Biache 3:00 Social Hour</p>	<p>10:00 Sit & Stretch 23 10:30 Daily Chronicle 11:00 Cranium Crunches 2:00 Belleville Church or Christ Bible Study 3:00 Arts & Crafts- Thanksgiving Turkey Painting</p>	<p>9:00-12:00 Macy's Thanksgiving Day Parade 24 2:00 Puzzle Packet 12:30 Bills @ Lions on CBS 4:30 Giants @ Cowboys on Fox 8:30 Patriots @ Vikings on NBC</p> <p><small>Thanksgiving Day (US)</small></p>	<p>10:00 Sit & Stretch 25 10:30 Daily Chronicle 11:00 Thanksgiving Humor 2:00 Afternoon Movie 6:00 Mindful Coloring</p>	<p>9:30 – 11:30 Sit & Stretch on 26 Channel 4 10:30 Daily Chronicle 11:00 Courtyard Stroll 2:00 Bingo</p>
<p>9:30 – 11:30 Sit & Stretch 27 Channel 4 10:30 Daily Chronicle 11:00 Courtyard Stroll 2:00 Plainfield Christian Church</p>	<p>10:00 Sit & Stretch 28 10:30 Daily Chronicle 11:00 Lunch at Cooper's Hawk 1:00 St. Susanna Holy Communion (Colonnade) 2:00 Bingo 3:00 Social Hour 6:00 Card Games (PR)</p>	<p>10:00 Sit & Stretch 29 10:30 Daily Chronicle 11:00 Trivia Fun 2:00 Music with Dave Laskey 3:00 Manicures</p>	<p>10:00 Sit & Stretch 30 10:30 Daily Chronicle 11:00 Cranium Crunches 2:00 Belleville Church or Christ Bible Study 3:00 Arts & Crafts- Cinnamon Stick Votive Craft</p>	 <p>November 2022 Assisted Living</p>		

Activities are subject to change. Outings may be canceled due to weather. All activities are in Civic Hall unless specified. Must sign up for outings prior.