

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Baking Club-Brownies 2:00 Bingo 3:00 Social Hour 6:00 Card Games	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Wii Games Jeopardy 2:00 Town Hall Meeting (Bistro) 3:00 Uno Card Game	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Cranium Crunches 2:00 Belleville Church of Christ Bible Study 3:00 Arts & Crafts- Slime Creation	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Travelogue-Yukon 2:00 Bingo 3:00 Social Hour	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Pure Gold Jokes and Puns 1:00 St. Susanna Holy Communion 1:30 Trip to Meijer 3:00 Manicures 6:00 Mindful Coloring	9:30-11:30 Sit & Stretch on Channel 4 10:30 Daily Chronicle 11:00 Courtyard Stroll 2:00 Bingo
9:30-11:30 Sit & Stretch on Channel 4 10:30 Daily Chronicle 11:00 Courtyard Stroll 2:00 Plainfield Christian Church	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Baking Club-Grape & Cantaloupe Salad 2:00 Bingo 3:00 Social Hour 6:00 Card Games	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Trivia Fun 2:30 Music with Rhatatat Featuring Michael B 3:30 Refreshments	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Cranium Crunches 2:00 Belleville Church of Christ Bible Study 3:00 Arts & Crafts-Basket Weaving	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Who What When Am I? 2:00 Bingo 3:00 Social Hour	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Lunch at BJ's Brewhouse 1:00 St. Susanna Holy Communion 2:30 Music with Jennifer 3:30 Manicures 6:00 Mindful Coloring	9:30-11:30 Sit & Stretch on Channel 4 10:30 Daily Chronicle 11:00 Courtyard Stroll 2:00 Bingo
9:30-11:30 Sit & Stretch on Channel 4 10:30 Daily Chronicle 11:00 Courtyard Stroll 2:00 Plainfield Christian Church	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Baking Club-Donuts 2:00 Bingo 3:00 Social Hour 6:00 Card Games	8:00 Men's Breakfast 10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Wii Games Jeopardy 2:00 Scripture & Song: Creation 3:00 Corn Hole	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Lunch Orders: Chick-fil-A 2:00 Belleville Church of Christ Bible Study 3:00 Arts & Crafts- Soap Bars	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Star of the Month – Shelley Winters 2:00 Bingo 3:00 Social Hour	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Cranium Crunches 1:00 St. Susanna Holy Communion 1:30 Trip to Walmart 3:00 Manicures 6:00 Mindful Coloring	9:30-11:30 Sit & Stretch on Channel 4 10:30 Daily Chronicle 11:00 Courtyard Stroll 2:00 Bingo
9:30-11:30 Sit & Stretch on Channel 4 10:30 Daily Chronicle 11:00 Courtyard Stroll 2:00 United Methodist Church	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Baking Club-Pecan Sandies 2:00 Bingo 3:00 Social Hour 6:00 Card Games	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Trivia Fun 2:00 Belleville Church of Christ Bible Study 3:00 Yahtzee	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Cranium Crunches 2:00 "Biscuits and Gravy Band" Jay Arnold & Morris Mott 3:00 Arts & Crafts- Velvet Sand Mandalas	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Spotlight On: Lily Tomlin 2:00 Bingo 3:00 Social Hour	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Lunch at Flap-Jacks Pancake House 1:00 St. Susanna Holy Communion 2:00 Kings in the Corner 3:00 Manicures 6:00 Mindful Coloring	9:30-11:30 Sit & Stretch on Channel 4 10:30 Daily Chronicle 11:00 Courtyard Stroll 2:00 Bingo
9:30-11:30 Sit & Stretch on Channel 4 10:30 Daily Chronicle 11:00 Courtyard Stroll 2:00 Plainfield Christian Church	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Baking Club- No Bake Lemon Pie 2:00 Music with Dave Laskey 3:00 Social Hour 6:00 Card Games	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Wii Games Jeopardy 3:00 Name That Golden Oldie/Name That Tune	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Cranium Crunches 2:00 Belleville Church of Christ Bible Study 3:00 Music with Nathan Dillon	Assisted Living August 2022 1925 Reeves Rd. Plainfield, IN 46168 317.838.7070 cumberlandtrace.us		

Activities are subject to change. Outings may be cancelled due to weather. All activities are in Civic Hall unless specified. Must sign up for outings prior.