

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Sit & Stretch 10:30 Daily Chronicle 2:00 Bingo (Bistro)	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Cranium Crunches 1:30 Manicures 3:00 Social Hour	Family Visitation Day Schedule w/ Act. Staff Appointment Only 9:30-11:30 Channel 4 Exercise w/ Jessica 2:00 Town Hall (Bistro)	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Wii Games 1:00 Arts & Crafts 3:00 Social Hour 6:00 Bingo (Bistro)	Family Visitation Day Schedule w/ Act. Staff Appointment Only 9:30-11:30 Channel 4 Exercise w/ Jessica 2:00 Movie Matinee (PT)	9:30-11:30 Channel 4 Exercise w/ Jessica 10:00 Indoor Stroll 10:30 Daily Chronicle 2:00 Bingo (Bistro)
9:30-11:30 Channel 4 Exercise w/ Jessica 10:00 Sunday Puzzler 1:45 Movie Matinee (PT) 6:00 Super Bowl Party (Civic Hall)	10:00 Sit & Stretch 10:30 Daily Chronicle 2:00 Bingo (Bistro)	Groundhog Day 10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Cranium Crunches 1:30 Manicures 3:00 Social Hour	9:30-11:30 Channel 4 Exercise w/ Jessica	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Wii Games 1:00 Arts & Crafts 3:00 Social Hour 6:00 Bingo (Bistro)	Family Visitation Day Schedule w/ Act. Staff Appointment Only Valentine's Day Lunch Party!! 2:00 Movie Matinee (PT) <small>Chinese New Year (Year of the Ox)</small>	9:30-11:30 Channel 4 Exercise w/ Jessica 10:00 Indoor Stroll 10:30 Daily Chronicle 2:00 Bingo (Bistro)
9:30-11:30 Channel 4 Exercise w/ Jessica 10:00 Sunday Puzzler 1:45 Movie Matinee (PT) Happy Valentine's Day!! <small>Valentine's Day</small>	10:00 Sit & Stretch 10:30 Daily Chronicle 2:00 Bingo (Bistro) <small>Presidents' Day</small>	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Cranium Crunches 1:30 Manicures 3:00 Fat Tuesday Mardi Gras Social Hour <small>Mardi Gras</small>	Family Visitation Day Schedule w/ Act. Staff Appointment Only 9:30-11:30 Channel 4 Exercise w/ Jessica	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Wii Games 1:00 Arts & Crafts 3:00 Social Hour 6:00 Bingo (Bistro) <small>Purim Begins</small>	Family Visitation Day Schedule w/ Act. Staff Appointment Only 9:30-11:30 Channel 4 Exercise w/ Jessica 2:00 Movie Matinee (PT)	9:30-11:30 Channel 4 Exercise w/ Jessica 10:00 Indoor Stroll 10:30 Daily Chronicle 2:00 Bingo (Bistro)
9:30-11:30 Channel 4 Exercise w/ Jessica 10:00 Sunday Puzzler 1:45 Movie Matinee (PT)	10:00 Sit & Stretch 10:30 Daily Chronicle 2:00 Bingo (Bistro)	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Cranium Crunches 1:30 Manicures 3:00 Social Hour	Family Visitation Day Schedule w/ Act. Staff Appointment Only 9:30-11:30 Channel 4 Exercise w/ Jessica 4:30 Birthday Dinner for January and February!!	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Wii Games 1:00 Arts & Crafts 3:00 Social Hour 6:00 Bingo (Bistro)	Family Visitation Day Schedule w/ Act. Staff Appointment Only 9:30-11:30 Channel 4 Exercise w/ Jessica 2:00 Movie Matinee (PT)	9:30-11:30 Channel 4 Exercise w/ Jessica 10:00 Indoor Stroll 10:30 Daily Chronicle 2:00 Bingo (Bistro)
9:30-11:30 Channel 4 Exercise w/ Jessica 10:00 Sunday Puzzler 1:45 Movie Matinee (PT)	<div>February 2021</div> <div>Cumberland Trace Assisted Living</div> <div>1925 Reeves Road, Plainfield IN 46168 - - - 317.838.7070 cumberlandtrace.us</div>					

