

Sunday

Monday

Tuesday





Wednesday

Thursday

Friday

Saturday

**Ambassador Square**  
**March 2023**  
 1925 Reeves Rd Plainfield, IN 46168  
 Cumberlandtrace.us 317.838.7070

<p><b>Cheez Doodle Day</b> 5</p> <p>9:00 Sunday Puzzler          10:00 Sit &amp; Stretch          10:15 Daily Chronicle  <b>10:30 Morning Prayer – Peace &amp; Beauty Prayer</b>  <b>11:00 Sensory Therapeutic Music &amp; Cheeto Snacks</b>          2:00 Plainfield Christian Church (AL)          3:30 Small Group Butterfly Button Art</p>	<p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle  <b>10:30 Baking Club: Cake Mix Cookies</b>  <b>11:00 Purim Paper Crowns</b>          1:30 Monday Movie          1:30 Popcorn Cart          2:30 Manicures</p> 	<p><b>National Cereal Day</b> 7</p> <p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle  <b>10:30 Arts &amp; Crafts: Cereal Birdfeeders</b>  <b>11:00 Small Group Reminisce Cereals of the 60s</b>          2:15 Bingo  <b>3:30 Cereal Snack Mix &amp; Social</b>          5:30 Meet &amp; Greet          6:00 Church Hour w/ Dean White (HC)</p>	<p><b>International Women's Day</b> 8  <i>Wear Purple!</i></p> <p><b>9:30 Trip to Walmart</b>          11:00 Game Shows  <b>2:30 Ladies Fancy Tea Party</b>  <b>4:00 Rosie the Riveter Coloring Page</b>          5:30 Meet &amp; Greet          6:00 Kings in The Corner</p> 	<p><b>Happy Birthday, Barbie</b> 9</p> <p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle  <b>10:30 Men's Group Coffee, Current Events, &amp; Puzzles</b>  <b>10:30 Ladies Barbie Doll Reminisce &amp; Coloring (HC)</b>  <b>11:00 Small Group Remembering Iconic Outfits</b>          2:15 Bingo          3:30 Social Hour          5:30 Meet &amp; Greet          6:00 Root Beer Float Cart</p>	<p><b>Clover All Over Day</b> 10</p> <p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle  <b>10:30 Arts &amp; Crafts: Shamrock Art</b>  <b>11:00 Can You Picture This?</b>  <b>2:00 Glacier Line Jammer Band (AL)</b>          3:15 Bible Study w/ Catherine (HC)</p>	<p><b>Don't Worry, Be Happy Day</b> 11</p> <p><b>10:00 Music w/ Don White</b>  <b>11:00 Sensory Touch &amp; Taste: Tortilla Wraps</b>  <b>2:15 Special St. Patty Bingo!!! Goody Bags!!!</b>          3:30 Manicures</p>
<p>9:00 Sunday Puzzler          10:00 Sit &amp; Stretch          10:15 Daily Chronicle  <b>10:30 Spiritual Coloring &amp; Faithfulness Mining</b>          11:00 Sensory Fun &amp; Feel Play-Doh          2:00 First Baptist Church (AL)  <b>3:30 Small Group What Am I? &amp; Puzzles</b> Daylight Saving Time Begins</p> 	<p><b>Labour Day (Australia)</b> 13</p> <p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle  <b>10:30 Arts &amp; Crafts: Hoppy Easter Signs</b>  <b>11:00 A to Z Occupations Game</b>  <b>2:00 Raccoon Lake Saxophone Quartet (AL)</b>          3:30 Manicures</p>	<p><b>Potato Chip Day</b> 14</p> <p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle  <b>10:30 Baking Club: Andes Mint Chocolate Cookies</b>  <b>11:00 Small Group History of Potato Chips &amp; Snacks</b>          2:15 Bingo          3:30 Social Hour          5:30 Meet &amp; Greet          6:00 Church Hour w/ Dean White (HC)</p>	<p><b>Brain Awareness Week</b> 15</p> <p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle  <b>10:30 Lunch at Grey Brother's Cafeteria</b>          11:00 Game Shows  <b>2:00 Sensory Smell &amp; Reminisce Garden Days Spray</b>  <b>2:30 Toss a Tune</b>  <b>3:00 Cranium Crunches</b>  <b>3:30 Junk Drawer Detective &amp; Snack</b>          5:30 Meet &amp; Greet          6:00 Evening Bingo</p>	<p><b>Outdoor Sports Day</b> 16</p> <p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle  <b>10:30 Men's Group March Madness Bracket Fun!!!</b>  <b>10:30 Ladies Beading Bracelets (HC)</b>  <b>11:00 Small Group History of St. Patrick's Day</b>          2:15 Bingo          3:30 Social Hour          5:30 Meet &amp; Greet          6:00 Adult Coloring</p>	<p><b>St. Patrick's Day Social! Beers &amp; Cheers!</b> 17</p> <p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle          10:30 Manicures  <b>11:00 St. Patty's Rhymes, Puzzles &amp; Coloring</b>  <b>2:00 St. Patrick's Day Social! Beers &amp; Cheers!</b>          3:15 Bible Study w/ Catherine (HC)</p> 	<p><b>Western Movie Night</b> 18</p> <p>10:00 Sit &amp; Stretch          10:15 Daily Chronicle          10:30 Corn Hole          11:00 Sensory Sorting &amp; Table Puzzles          2:15 Bingo          3:30 Refreshment Cart  <b>6:00 Evening Movie "Butch Cassidy and the Sundance Kid" (Channel 4)</b></p>
<p><b>A "Bubbly" Day</b> 19</p> <p>9:00 Sunday Puzzler          10:00 Sit &amp; Stretch          10:15 Daily Chronicle  <b>10:30 Jellybean Prayer Jars</b>  <b>11:00 Sensory Bubbles &amp; Slime Fun!</b>          2:00 United Methodist Church (AL)  <b>3:30 Small Group Write Word Game</b></p>	<p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle  <b>10:30 Arts &amp; Crafts: Easter Bunny Wreaths</b>  <b>11:00 Short Story – The Recipe</b>          1:30 Manicures  <b>3:00 Music w/ Steve Elston (HC)</b></p> 	<p><b>"Melts in Your Mouth, Not in Your Hand" Day</b> 21</p> <p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle  <b>10:30 Baking Club: M&amp;M Pretzel Flowers</b>  <b>11:00 Small Group Spring Reminiscing &amp; Snacks</b>          2:15 Bingo          3:30 Social Hour          5:30 Meet &amp; Greet          6:00 Church Hour w/ Dean White (HC)</p>	<p><b>9:30 Trip to Dollar Tree</b> 22</p> <p>11:00 Game Shows          2:00 Sensory Magazines &amp; Memories          2:30 Group Up Game  <b>3:00 Watercolor Painting Ramadan Lanterns</b>          3:30 Ramadan Trivia &amp; Music          5:30 Meet &amp; Greet          6:00 Kings in The Corner Ramadan Begins</p> 	<p><b>Chip &amp; Dip Day</b> 23</p> <p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle  <b>10:30 Men in The Kitchen: Grilled Cheese Sandwiches</b>  <b>10:30 Ladies Spa Day (HC)</b>  <b>11:00 Small Group Painting Mosaic Stones</b>          2:15 Bingo  <b>3:30 Queso &amp; Chips!</b>          5:30 Meet &amp; Greet          6:00 Root Beer Float Cart</p>	<p><b>Beatles Wax Figure Anniversary</b> 24</p> <p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle  <b>10:30 Baking Club: Bird Nest Rice Krispies</b>  <b>11:00 Beatles Songs Sing-along</b>          1:30 Manicures          3:15 Bible Study w/ Catherine (HC)          6:00 Evening Movie "Yesterday" (Channel 4)</p> 	<p><b>DIY Day</b> 25</p> <p>10:00 Sit &amp; Stretch          10:15 Daily Chronicle          10:30 Table Bowling          11:00 Sensory Touch &amp; Taste: Pizza Cups          2:15 Bingo  <b>3:30 DIY Glitter Foam Eggs</b></p>
<p><b>Spring Cleaning Week!</b> 26</p> <p>9:00 Sunday Puzzler          10:00 Sit &amp; Stretch          10:15 Daily Chronicle  <b>10:30 Easter Cross Sand Bottles</b>          11:00 Sensory Fun &amp; Feel Play-Doh          2:00 Plainfield Christian Church (AL)  <b>3:30 Small Group Folding Laundry &amp; Socks</b></p> 	<p><b>Singin' in the Rain Day</b> 27</p> <p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle  <b>10:30 Arts &amp; Crafts: Egg-Citing Potato Stamping</b>  <b>11:00 Wacky Wordies</b>          1:30 Manicures  <b>1:30 Monday Movie "Singin' in The Rain" (Channel 4)</b>          3:15 Popcorn Cart</p>	<p><b>Dump Cake Day</b> 28</p> <p><b>10:00 Music w/ Doug Debaun</b>  <b>10:30 Baking Club: Cherry Dump Cake</b>  <b>11:00 Small Group EZ Trivia &amp; Puzzles</b>          2:15 Bingo          3:30 Social Hour          5:30 Meet &amp; Greet          6:00 Church Hour w/ Dean White (HC)</p>	<p><b>Coca-Cola Day</b> 29</p> <p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle  <b>10:30 Lunch Orders Subway</b>          11:00 Game Shows          2:00 Sensory Aromatherapy Diffuser &amp; Hand Massages  <b>2:30 Ring Toss</b>  <b>3:00 Easter Trivia &amp; Coloring</b>  <b>3:30 Coke Floats!</b>          5:30 Meet &amp; Greet          6:00 Kings in The Corner</p>	<p><b>Baseball Season Opens!</b> 30</p> <p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle  <b>10:30 Resident Council &amp; Food Council (PT)</b>          2:15 Bingo  <b>3:30 Cracker Jacks &amp; Baseball Facts!</b>          5:30 Meet &amp; Greet          6:00 Adult Coloring</p>	<p><b>Orange and Lemon Day</b> 31</p> <p>9:45 Sit &amp; Stretch          10:00 Daily Chronicle  <b>10:30 Men's Group Painting Birdhouse Kits</b>  <b>10:30 Ladies Let's Make Fairy Gardens! (HC)</b>  <b>11:00 Bunny Funnies!</b>          1:30 Manicures          3:15 Bible Study w/ Catherine (HC)</p>	<p><b>AS – Ambassador Square</b>  <b>HC – Heritage Court</b>  <b>RW – Renaissance Way</b>  <b>AL – Assisted Living</b></p> 

Activities are subject to change. Outings are subject to cancellation. Sign up for outings/lunch orders prior with activities staff. Must have your own money.