

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> National Ice Cream Sandwich Day 9:00 AM - 3:00 PM   Give and Take Day   COM 12:30 - 1:15 PM   Ice Cream Sandwich Giveaway   CAF 1:30 PM   Resident Council   COM 2:30 PM   Healing Hands Tai Chi   COM 6:30 - 8:00 PM   Bloomington Peace Choir Rehearsal   COM	<b>2</b> 11:15 AM   Depart for Lunch—Mother Bear’s West [\$] 6:00 PM   Depart for The Met: Live in HD— <i>La Bohème</i> [\$]	<b>3</b> 2:00 PM   Movie— <i>Footloose</i>   COM 4:00 PM   Catholic Mass   CH 6:30 PM   Music with Nathan Dillon   LBY	<b>4</b> 10:00 AM   Men’s Coffee and Conversation   3 <sup>rd</sup> FL 10:00 AM   Depart for the Monroe County Public Library 2:00 PM   August Birthday Party   COM	<b>5</b> 9:30 AM   Library Committee   LIB 10:00 AM   Depart for Bloomington Community Farmers’ Market 7:00 PM   Movie— <i>Born Free</i>   COM
<b>7</b> 8:30 - 10:30 AM   Podiatrist Visit for IL Residents   GAL 10:30 AM - 12:30 PM   Podiatrist Visit for AL Residents   GAL 10:00 AM   Depart for West Side Shopping 2:00 PM   Laughter Yoga   CH	<b>8</b> By appt.   Massages   GAL 10:00 AM   Chair Yoga with Yolanda   COM 1:00 PM   Music with John Kogge   LBY 1:00 PM   Flower Arranging   AH 1:30 PM   Healing Hands Tai Chi   COM 6:30 - 8:00 PM   Bloomington Peace Choir Rehearsal   COM	<b>9</b> 10:30 AM   Depart for Lunch—RFD Franklin [\$] 10:30 - 11:30 AM   Hearing Aid Checks   CH 6:00 PM   Depart for The Met: Live in HD— <i>La Fille du Régiment</i> [\$]	<b>10</b> 2:00 PM   Movie— <i>Steel Magnolias</i>   CH 7:00 PM   Depart for Bruster’s Real Ice Cream [\$]	<b>11</b> 9:00 AM   Depart for Michelangelo’s Sistine Chapel, The Exhibition and Lunch at The District Tap [\$] 2:00 PM   The Great Courses: The Real History of Secret Societies   COM	<b>12</b> Milkman Day 2:00 PM   My Sister’s Closet High Tea Fashion Show   COM 7:00 PM   Movie— <i>Oh God!</i>   COM	<b>13</b> National Filet Mignon Day 10:00 AM   Depart for Bloomington Community Farmers’ Market 7:00 PM   Movie— <i>Bombshell</i>   COM
<b>14</b> 7:00 PM   Second Sunday Musical— <i>The Wizard of Oz</i>   COM	<b>15</b> 10:30 AM   Cottage Chat with Jennifer   COM 1:30 PM   Healing Hands Tai Chi   COM 2:00 PM   Cooking Demo with José   BIS 3:30 PM   Apartment Chat with Jennifer   COM 6:30 - 8:00 PM   Bloomington Peace Choir Rehearsal   COM	<b>16</b> 10:30 AM   Depart for Lunch—Gray Brothers Cafeteria [\$]	<b>17</b> 1:30 PM   Pet Visit with Boh   LBY 2:00 PM   Movie— <i>Moonstruck</i>   COM	<b>18</b> 9:00 AM   Depart for the Indianapolis Zoo [\$] 10:00 AM   Men’s Coffee and Conversation   3 <sup>rd</sup> FL 1:00 - 2:00 PM   Eyeglasses Cleaning and Repair   3 <sup>rd</sup> FL 2:00 PM   The Great Courses: The Real History of Secret Societies   COM	<b>19</b> National Orangutan Day 10:00 AM   Depart for Bloomington Pridefest 7:00 PM   Movie— <i>Don’t Look Up</i>   COM	<b>20</b> 1:00 PM   Depart for Bloomington Pridefest 7:00 PM   Movie— <i>Don’t Look Up</i>   COM
<b>21</b> 1:30 PM   Music with Nathan Dillon   LBY	<b>22</b> 10:00 AM   Depart for West Side Shopping	<b>23</b> By appt.   Massages   GAL 10:00 AM   Chair Yoga with Yolanda   COM 1:30 PM   Newcomers Meeting   COM 2:30 PM   Healing Hands Tai Chi   COM 2:30 PM   Mindfulness Meditation with Anna   CH 6:30 - 8:00 PM   Bloomington Peace Choir Rehearsal   COM	<b>24</b> Pluto Demoted Day 11:15 AM   Depart for Lunch—Smokin’ Jack’s Rib Shack [\$] 3:00 PM   Documentary— <i>Pluto and Its Moons</i>   COM	<b>25</b> Uruguayan Independence Day 1:00 - 2:00 PM   Hearing Aid Checks   CH 2:00 PM   Movie— <i>Pacific Heights</i>   COM 7:00 PM   Uruguay Lecture by Ivonne Vanderbilt   COM	<b>26</b> 9:30 AM   Depart for The General George Patton Museum and Lunch at Orange Clover Kitchen and More [\$] 2:00 PM   The Great Courses: The Real History of Secret Societies   COM	<b>27</b> 1:00 PM   Depart for Bloomington Pridefest 7:00 PM   Movie— <i>Don’t Look Up</i>   COM
<b>28</b> 6:00 PM   Depart for Evening with the Bloomington Symphony	<b>29</b> 6:30 PM   Music with John Kogge   LBY	<b>30</b> 1:30 PM   Healing Hands Tai Chi   COM 2:30 PM   Bell Trace Handmade Bazaar Meeting   3 <sup>rd</sup> FL 3:00 PM   Music with Joyce and Friends   COM 6:30 - 8:00 PM   Bloomington Peace Choir Rehearsal   COM 7:00 PM   Depart for the Chocolate Moose [\$]	<b>31</b> 11:15 AM   Depart for Lunch—Fat Dan’s Chicago Style Deli [\$]	<h1>August 2022</h1> <p>Bell Trace Special Events and Outings</p>		

# BELL TRACE WEEKLY ACTIVITY ROUTINE

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
			Transportation to Medical Appointments 8:00 AM - 2:30 PM		Transportation to Medical Appointments 8:00 AM - 2:30 PM			
<b>9:00 AM</b>		Depart for Banking (LBY)						<b>9:00 AM</b>
<b>10:00 AM</b>		Depart for East/West Side Shopping (LBY)	Word Chat (3rd FL) Creative Card Club (AH)		Music and Movement (COM)		Bible Study with Kurt (3rd FL)	<b>10:00 AM</b>
<b>10:30 AM</b>		Exercise with Michelle (COM)		Exercise with Michelle (COM)		Exercise with Michelle (COM)		<b>10:30 AM</b>
<b>11:00 AM</b>						Catholic Rosary (CH)		<b>11:00 AM</b>
<b>11:30 AM</b>				Bookmobile (POR)				<b>11:30 AM</b>
<b>1:00 PM</b>		Trivia (3rd FL)	Garden Group (SR)	Blood Pr. Checks (3rd FL GT)	Trivia (3rd FL)	Balloon Volleyball (COM)	History Video (COM)	<b>1:00 PM</b>
<b>1:30 PM</b>		Arts & Crafts (AH)		Arts & Crafts (AH) Balloon Volleyball (COM)				<b>1:30 PM</b>
<b>2:00 PM</b>		Depart for East Side Shopping (LBY)	Fiber Arts (3rd FL)	Depart for East Side Shopping (LBY)	Writing Group (3rd FL) Movie Matinee (COM)		Balloon Volleyball (COM)	<b>2:00 PM</b>
<b>3:00 PM</b>		Bingo (COM)						<b>3:00 PM</b>
<b>3:30 PM</b>								<b>3:30 PM</b>
<b>4:00 PM</b>	Church Service (CH)			Social Hour (COM)	Catholic Mass/Communion (CH)			<b>4:00 PM</b>
<b>4:30 PM</b>								<b>4:30 PM</b>
<b>7:00 PM</b>						Game Night (COM)	Saturday Night at the Movies (COM)	<b>7:00 PM</b>
<b>KEY</b>	AH=Assembly Hall; CH=Chapel; COM=The Commons; FL=Floor Lounge; GAL=Gallery; GT=Game Tables ; LBY=Front Lobby; POR=Portico							<b>KEY</b>