

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>AS-Ambassador Square</b> <b>HC-Heritage Court</b> <b>AL-Assisted Living</b> <b>PT-Prewitt Theater</b> 	9:00 Morning Music Channel <b>1</b> 9:30 Rise & Shine Stretch 10:00 Table Ball Toss 10:30 Manicures 11:00 Sensory-Aromatherapy & Hand Massage 1:00 Word Puzzles <b>2:00 St. Susanna Catholic Mass-PT</b> 3:00 Bingo <small>Canada Day</small>	9:00 Morning Music Channel <b>2</b> 9:30 Rise & Shine Stretch <b>10:30 Music with Greg Anderson-HC</b> <b>1:00 Men's Visits-4<sup>th</sup> of July Discussion</b> 1:30 Card Club <b>2:30 Patriotic Trivia &amp; Lemon Shakeups</b> 3:00 Table Puzzles & Games <b>6:00 Holy Hour with Dean White-HC</b> 	9:00 Morning Music Channel <b>3</b> 9:30 Rise & Shine Stretch 10:00 Bowling Buddies <b>10:30 Manicures</b> 11:00 Sensory-Aromatherapy & Hand Massage 1:00 Word Puzzles <b>1:30 Red, White, &amp; Blue Bingo</b> <b>2:30 Root Beer Floats &amp; Patriotic Riddles</b> 3:00 Magazines & Music	9:00 Morning Music Channel <b>4</b> 9:30 Rise & Shine Stretch <b>10:30 Bible Study with Debbie-AS</b> 1:00 Word Puzzles <b>1:30 Watcha Got Cookin-Patriotic Poke Cake</b> 2:00 Sensory-Stacking/Sorting/Puzzles <b>2:30 4<sup>th</sup> of July Adult Coloring</b> <b>3:00 Celebrating July Birthdays</b> 6:00 Card Night-HC <small>Independence Day (US)</small> 	9:00 Morning Music Channel <b>5</b> 9:30 Rise & Shine Stretch 10:00 Game Show Channel <b>10:30 Lunch at Portillo's (Avon)</b> 1:00 Word Puzzles <b>1:30 Crafts with Friends-Patriotic Pinwheels</b> 2:00 Sensory-PlayDoh Fun 2:30 Table Puzzles & Games 3:00 Movie & Popcorn-Channel 4 3:00 Popcorn Cart <b>COMBINED ACTIVITES ON HERITAGE COURT</b>	9:30 Morning Exercise <b>6</b> 10:00 Balloon Toss 10:30 Morning Snack & Misc. Crafts 11:00 Card Games & Music 1:00 Game Show Channel 2:00-3:30 Bingo-PT <b>COMBINED ACTIVITES ON HERITAGE COURT</b>
9:30 Morning Exercise <b>7</b> 10:00 Flying Parachute 10:30 Morning Snack & Prayer Circle 11:00 Gospel Hymns & Devotions 1:00 Hallmark Channel 2:00 Plainfield Christian Church-AL 3:30 Movie Matinee-Channel 4 <b>COMBINED ACTIVITES ON AMBASSADOR SQUARE</b>	9:00 Morning Music Channel <b>8</b> 9:30 Rise & Shine Stretch 10:00 Table Ball Toss <b>10:30 Manicures</b> 11:00 Sensory-Aromatherapy & Hand Massage 1:00 Word Puzzles 1:30 Bingo <b>2:30 Popsicles &amp; Funny Jokes</b> 3:00 Magazines & Music 	9:00 Morning Music Channel <b>9</b> 9:30 Rise & Shine Stretch 10:00 Corn Hole 10:30 Watercolor Painting 11:00 Sensory-Folding Laundry <b>1:00 Men's Visits-Paper Airplanes</b> 1:30 Card Club 2:30 Trivia Tuesday 3:00 Iced Tea & Cookies <b>6:00 Holy Hour with Dean White-HC</b>	9:00 Morning Music Channel <b>10</b> 9:30 Rise & Shine Stretch 10:00 Bowling Buddies <b>10:30 Manicures</b> 11:00 Sensory-Aromatherapy & Hand Massage 1:00 Word Puzzles 1:30 Bingo <b>2:30 Ice Cream Social</b> 3:00 Magazines & Music 	9:00 Morning Music Channel <b>11</b> 9:30 Rise & Shine Stretch <b>10:30 Bible Study with Debbie-AS</b> 1:00 Word Puzzles <b>1:30 Watcha Got Cookin-Rainbow Pasta Salad</b> 2:00 Sensory-Stacking/Sorting/Puzzles 2:30 Adult Coloring 3:00 Enjoying Snacks 6:00 Card Night-HC	9:00 Game Show Channel <b>12</b> <b>9:30 Trip to Walmart</b> 1:00 Word Puzzles <b>1:30 Crafts with Friends-Cotton Candy Décor</b> 2:00 Sensory-PlayDoh Fun 2:30 Table Puzzles & Games 3:00 Movie & Popcorn-Channel 4 3:00 Popcorn Cart <b>COMBINED ACTIVITES ON AMBASSADOR SQUARE</b>	10:00 Music with Justin Monts-AS <b>13</b> 1:00 Game Show Channel 2:00-3:30 Bingo-PT <b>COMBINED ACTIVITES ON AMBASSADOR SQUARE</b>
9:30 Morning Exercise <b>14</b> 10:00 Flying Parachute 10:30 Morning Snack & Prayer Circle 11:00 Gospel Hymns & Devotions 1:00 Hallmark Channel 2:00 First Baptist Church-AL 3:30 Movie Matinee-Channel 4 <b>COMBINED ACTIVITES ON HERITAGE COURT</b>	9:00 Morning Music Channel <b>15</b> 9:30 Rise & Shine Stretch 10:00 Table Ball Toss <b>10:30 Manicures</b> 11:00 Sensory-Aromatherapy & Hand Massage 1:00 Word Puzzles 1:30 Bingo 2:30 Popsicles on The Porch 3:00 Magazines & Music	9:00 Morning Music Channel <b>16</b> 9:30 Rise & Shine Stretch 10:00 Corn Hole 10:30 Watercolor Painting 11:00 Sensory-Folding Laundry <b>1:00 Men's Visits-Bowling &amp; (Root)Beer</b> <b>2:00 Music with Tim Bridget-HC</b> <b>3:30 Trivia Tuesday &amp; Milkshakes</b> <b>6:00 Holy Hour with Dean White-HC</b> 	9:00 Morning Music Channel <b>17</b> 9:30 Rise & Shine Stretch 10:00 Bowling Buddies <b>10:30 Manicures</b> 11:00 Sensory-Aromatherapy & Hand Massage 1:00 Word Puzzles 1:30 Bingo 2:30 Root Beer Floats 3:00 Magazines & Music	9:00 Morning Music Channel <b>18</b> 9:30 Rise & Shine Stretch <b>10:30 Bible Study with Debbie-AS</b> 1:00 Word Puzzles 2:00 Music with Raccoon Lake Saxophone Quartet-AL <b>3:30 Watcha Got Cookin-Enjoying Spinach Dip with Hawaiian Rolls</b> 6:00 Card Night-HC	9:00 Morning Music Channel <b>19</b> 9:30 Rise & Shine Stretch 10:00 Game Show Channel <b>10:30 Lunch at Sal's (Mooresville)</b> 1:00 Word Puzzles <b>1:30 Crafts with Friends-Sand Bottles Art</b> 2:00 Sensory-PlayDoh Fun 2:30 Table Puzzles & Games 3:00 Movie & Popcorn-Channel 4 3:00 Popcorn Cart <b>6:00 Sing &amp; Swing Karaoke Night-AL</b>	9:30 Morning Exercise <b>20</b> 10:00 Balloon Toss 10:30 Morning Snack & Misc. Crafts 11:00 Card Games & Music 1:00 Game Show Channel 2:00-3:30 Bingo-PT <b>COMBINED ACTIVITES ON HERITAGE COURT</b>
9:30 Morning Exercise <b>21</b> 10:00 Flying Parachute 10:30 Morning Snack & Prayer Circle 11:00 Gospel Hymns & Devotions 1:00 Hallmark Channel 2:00 United Methodist Church-AL 3:30 Movie Matinee-Channel 4 <b>COMBINED ACTIVITES ON AMBASSADOR SQUARE</b>	9:00 Morning Music Channel <b>22</b> 9:30 Rise & Shine Stretch 10:00 Table Ball Toss <b>10:30 Manicures</b> 11:00 Sensory-Aromatherapy & Hand Massage 1:00 Word Puzzles 1:30 Bingo <b>2:30 Watermelon Social</b> 3:00 Magazines & Music 	9:00 Morning Music Channel <b>23</b> 9:30 Rise & Shine Stretch 10:00 Corn Hole 10:30 Watercolor Painting 11:00 Sensory-Folding Laundry <b>1:00 Men's Visits-Manly Puzzles</b> 1:30 Card Club 2:30 Trivia Tuesday 3:00 Iced Tea & Cookies <b>6:00 Holy Hour with Dean White-HC</b>	9:00 Morning Music Channel <b>24</b> 9:30 Rise & Shine Stretch 10:00 Bowling Buddies <b>10:30 Manicures</b> 11:00 Sensory-Aromatherapy & Hand Massage 1:00 Word Puzzles 1:30 Bingo 2:30 Root Beer Floats 3:00 Magazines & Music	9:00 Morning Music Channel <b>25</b> 9:30 Rise & Shine Stretch <b>10:30 Bible Study with Debbie-AS</b> 1:00 Word Puzzles <b>1:30 Watcha Got Cookin-Smor'es Brownies</b> 2:00 Sensory-Stacking/Sorting/Puzzles 2:30 Adult Coloring 3:00 Enjoying Snacks 6:00 Card Night-HC	9:00 Morning Music Channel <b>26</b> 9:30 Rise & Shine Stretch 10:00 Game Show Channel <b>10:30 Resident Council-AL</b> 1:00 Word Puzzles <b>1:30 Crafts with Friends-Paper Olympic Medals</b> <b>2:00 French Coconut Lime Sodas</b> <b>2:30 Trip to Dollar Tree</b> 	9:30 Morning Exercise <b>27</b> 10:00 Balloon Toss 10:30 Morning Snack & Misc. Crafts 11:00 Card Games & Music 1:00 Game Show Channel <b>2:00-3:30 Olympic Medal Bingo-PT</b> <b>COMBINED ACTIVITES ON AMBASSADOR SQUARE</b>
9:30 Morning Exercise <b>28</b> 10:00 Flying Parachute 10:30 Morning Snack & Prayer Circle 11:00 Gospel Hymns & Devotions 1:00 Hallmark Channel 2:00 Plainfield Christian Church-AL 3:30 Movie Matinee-Channel 4 <b>COMBINED ACTIVITES ON HERITAGE COURT</b>	9:00 Morning Music Channel <b>29</b> 9:30 Rise & Shine Stretch 10:00 Table Ball Toss <b>10:30 Manicures</b> 11:00 Sensory-Aromatherapy & Hand Massage 1:00 Word Puzzles <b>2:00 Music with Glacier Line Jammers Band-AL</b> 3:30 Bingo	9:00 Morning Music Channel <b>30</b> 9:30 Rise & Shine Stretch 10:00 Corn Hole 10:30 Watercolor Painting 11:00 Sensory-Folding Laundry <b>1:00 Men's Visits-Olympics Quiz</b> 1:30 Card Club 2:30 Trivia Tuesday 3:00 Iced Tea & Cookies <b>6:00 Holy Hour with Dean White-HC</b>	9:00 Morning Music Channel <b>31</b> 9:30 Rise & Shine Stretch 10:00 Bowling Buddies <b>10:30 Manicures</b> 11:00 Sensory-Aromatherapy & Hand Massage 1:00 Word Puzzles <b>2:00 Music with Steve Elston-AS</b> 3:30 Bingo	 <h1 style="margin: 0;">Heritage Court</h1> <h1 style="margin: 0;">July 2024</h1> <p style="margin: 0;"><i>Activities are subject to change. Residents must provide their own money for Outings.</i></p>		