



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

~ Happy ~ Halloween CM-CHERISHED MEMORIES AL-ASSISTED LIVING LR-LIVING ROOM HC-HERITAGE COURT October 2026 CUMBERLAND TRACE FAMILY-FIRST SENIOR LIVING CHERISHED MEMORIES										9:30-10:30 Bible Study w/ Debbie 10:45-11:15 Coffee w/ Chronicle & Devotions 11:30-12:00 SM.GRP: Nursery 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 Hay Ride 3D Craft 3:00-3:30 Bingo! 3:45-4:15 Coloring w/ Friends 6:00-7:00 Soft Music & Relax										1	9:30-10:00 Let's Get Moving! 10:15-10:45 Coffee w/ Chronicle & Devotions 11:00-11:30 Name That Anagram 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 Men's SENS: Handsome Hands & Grooming 3:00-3:30 Men's Chat: Character & Grit 3:45-4:15 Bingo! 6:00-7:00 Magazines & Reading										2	9:30-10:00 Coffee w/ Chronicle & Devotions 10:15-10:45 Courtyard: Gospel Hymns 11:00-11:30 SM.GRP: Spa & Manicures 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 October EZ Trivia 3:00-3:30 Resident's Choice – Snacks & Games 3:45-4:15 Aroma & Relax 6:00-7:00 Night At The Movies (LR) Simchat Torah Begins										3																																		
9:30-10:00 Coffee w/ Chronicle & Devotions 10:15-10:45 Courtyard: Gospel Hymns 11:00-11:30 Men's: Balloon Toss 1:15-1:45 ~ SUNSHINE CART ~ 2:00-3:00 Plainfield Christian Church (AL) 3:15-4:00 Bingo! 6:00-7:00 Soft Music & Relax										4	9:30-10:00 Coffee w/ Chronicle & Devotions 10:15-10:45 Beaded Pumpkin Craft 11:00-11:30 Aroma & Relax 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 Courtyard: Bird Watching 3:00-3:30 Bingo! 3:45-4:15 Sensory: Spa & Manicures 6:00-7:00 Magazines & Reading										5	9:30-10:15 Coffee w/ Chronicle & Devotions & Sudoku! 10:30-11:30 Grassroots Music Therapy 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 SM.GRP: PlayDoh Fun! 3:00-3:30 Bingo! 3:45-4:15 Pondering Prompts 6:00-7:00 Holy Hour w/ Dean (HC)										6	9:30-10:00 Let's Get Moving! 10:15-10:45 Coffee w/ Chronicle & Devotions 11:00-11:30 Pumpkin Bookmarks Craft 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 Courtyard: Lemonade & Laughs 3:00-3:30 Bingo! 3:45-4:15 Stitch Up Matching Game 6:00-7:00 Night At The Movies (LR)										7	9:30-10:30 Bible Study w/ Debbie 10:45-11:15 Coffee w/ Chronicle & Devotions 11:30-12:00 SM.GRP: Hand Massage 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 Campfire Chili Cheese Dip 3:00-3:30 Bingo! 3:45-4:15 Coloring w/ Friends 6:00-7:00 Soft Music & Relax										8	9:30-10:00 Three Strikes Dice Game 10:15-10:45 Men's SENS: Handsome Hands & Grooming 11:00-11:30 Men's Chat: Wild Weather 1:15-1:45 ~ SUNSHINE CART ~ 2:00-3:00 Music w/ Biscuits & Gravy (AL) 3:15-4:00 Bingo! 6:00-7:00 Magazines & Reading										9	9:30-10:00 Coffee w/ Chronicle & Devotions 10:15-10:45 Courtyard: Gospel Hymns 11:00-11:30 SM.GRP: Spa & Manicures 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 1950's Trivia Quiz 3:00-3:30 Resident's Choice – Snacks & Games 3:45-4:15 Aroma & Relax 6:00-7:00 Night At The Movies (LR)										10
9:30-10:00 Coffee w/ Chronicle & Devotions 10:15-10:45 Courtyard: Gospel Hymns 11:00-11:30 Men's: Hot Potato 1:15-1:45 ~ SUNSHINE CART ~ 2:00-3:00 First Baptist Church (AL) 3:15-4:00 Bingo! 6:00-7:00 Soft Music & Relax										11	9:30-10:00 Coffee w/ Chronicle & Devotions 10:15-10:45 Pumpkin Box Craft 11:00-11:30 Aroma & Relax 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 Courtyard: Bird Watching 3:00-3:30 Bingo! 3:45-4:15 Sensory: Spa & Manicures 6:00-7:00 Magazines & Reading										12	9:30-10:30 Music w/ Greg Anderson 10:45-11:15 Coffee w/ Chronicle & Devotions 11:30-12:00 SM.GRP: Folding Towels 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 Plum Puzzle 3:00-3:30 Bingo! 3:45-4:15 Food Science: Myth or Fact 6:00-7:00 Holy Hour w/ Dean (HC)										13	9:30-10:00 Let's Get Moving! 10:15-10:45 Coffee w/ Chronicle & Devotions 11:00-11:30 Ghost Door Craft 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 Courtyard: Lemonade & Laughs 3:00-3:30 Bingo! 3:45-4:15 Autumn Gourds Paint By # 6:00-7:00 Night At The Movies (LR)										14	9:30-10:30 Bible Study w/ Debbie 10:45-11:15 Coffee w/ Chronicle & Devotions 11:30-12:00 SM.GRP: Nursery 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 Minty Chocolate Icebox Dessert 3:00-3:30 Bingo! 3:45-4:15 Coloring w/ Friends 6:00-7:00 Soft Music & Relax										15	9:30-10:00 Let's Get Moving! 10:15-10:45 Coffee w/ Chronicle & Devotions & Scouting Detective 11:00-11:30 Courtyard: Morning Music 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 Men's SENS: Handsome Hands & Grooming 3:00-3:30 Men's Chat: Grooming & Style 3:45-4:15 Bingo! 6:00-7:00 Magazines & Reading										16	10:00-11:00 Music w/ Justin Monts 11:15-11:45 SM.GRP: Spa & Manicures 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 Courtyard: Gospel Hymns 3:00-3:30 Resident's Choice – Snacks & Games 3:45-4:15 Aroma & Relax 6:00-7:00 Night At The Movies (LR)										17
9:30-10:00 Coffee w/ Chronicle & Devotions 10:15-10:45 Courtyard: Gospel Hymns 11:00-11:30 Men's: Conversation Ball 1:15-1:45 ~ SUNSHINE CART ~ 2:00-3:00 United Methodist Church (AL) 3:15-4:00 Bingo! 6:00-7:00 Soft Music & Relax										18	9:30-10:30 Music w/ Derek Chastain 10:45-11:15 Coffee w/ Chronicle & Devotions 11:30-12:00 Sensory: Spa & Manicures 1:15-1:45 ~ SUNSHINE CART ~ 2:00-3:00 Live Performance: James Whitcomb Riley (AL) 3:15-4:00 Bingo! 6:00-7:00 Aroma & Relax										19	9:30-10:00 Let's Get Moving! 10:15-10:45 Coffee w/ Chronicle & Devotions Secret Word Puzzle 11:00-11:30 Birthday Cupcakes 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 SM.GRP: PlayDoh Fun! 3:00-3:30 Bingo & Celebrating October Birthdays! 3:45-4:15 Secret Word Puzzle 6:00-7:00 Holy Hour w/ Dean (HC)										20	9:30-10:00 Let's Get Moving! 10:15-10:45 Coffee w/ Chronicle & Devotions 11:00-11:30 Disco Ghost Craft 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 Courtyard: Lemonade & Laughs 3:00-4:00 Music w/ Dave Laskey 6:00-7:00 Night At The Movies (LR)										21	9:30-10:30 Bible Study w/ Debbie 10:45-11:15 Coffee w/ Chronicle & Devotions 11:30-12:00 SM.GRP: Hand Massage 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 Caramel Apple Cider Punch 3:00-3:30 Bingo! 3:45-4:15 Coloring w/ Friends 6:00-7:00 Soft Music & Relax										22	9:30-10:00 Let's Get Moving! 10:15-10:45 Coffee w/ Chronicle & Devotions & Fire Safety Detective 11:00-11:30 Courtyard: Morning Music 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 Men's SENS: Handsome Hands & Grooming 3:00-3:30 Men's Chat: Opinions & Prefer 3:45-4:15 Bingo! 6:00-7:00 Magazines & Reading										23	9:30-10:00 Coffee w/ Chronicle & Devotions 10:15-10:45 Courtyard: Gospel Hymns 11:00-11:30 SM.GRP: Spa & Manicures 1:30-3:00 Trick-or-Treat Event "Witch Way To The Candy" Begins on Assisted Living (Door 1N) 3:30-4:00 Aroma & Relax 6:00-7:00 Night At The Movies (LR)										24
9:30-10:00 Coffee w/ Chronicle & Devotions 10:15-10:45 Courtyard: Gospel Hymns 11:00-11:30 Men's: Putt-Putt! 1:15-1:45 ~ SUNSHINE CART ~ 2:00-3:00 Plainfield Christian Church (AL) 3:15-4:00 Bingo! 6:00-7:00 Soft Music & Relax										25	9:30-10:00 Let's Get Moving! 10:15-10:45 Coffee w/ Chronicle & Devotions 11:00-11:30 Black Cat Craft 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 Courtyard: Bird Watching 3:00-3:30 Bingo! 3:45-4:15 Sensory: Spa & Manicures 6:00-7:00 Aroma & Relax										26	9:30-10:00 Let's Get Moving! 10:15-10:45 Coffee w/ Chronicle & Devotions & Witch Puzzle 11:00-11:30 Coloring w/ Friends 1:00-2:00 Magic Table Sensory Hour 2:15-2:45 SM.GRP: Folding Towels 3:00-3:30 Bingo! 3:45-4:15 We Go Together Like... 6:00-7:00 Holy Hour w/ Dean (HC)										27	9:30-10:00 Let's Get Moving! 10:15-10:45 Coffee w/ Chronicle & Devotions 11:00-11:30 Spider Headbands Craft 1:15-1:45 ~ SUNSHINE CART ~ 2:00-3:00 Music w/ Raccoon Lake (AL) 3:15-4:00 Fall Leaf Paint By # 6:00-7:00 Night At The Movies (LR)										28	9:30-10:30 Bible Study w/ Debbie 10:45-11:15 Coffee w/ Chronicle & Devotions 11:30-12:00 SM.GRP: Nursery 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 White Chocolate Pumpkin Cookies 3:00-3:30 Bingo! 3:45-4:15 Coloring w/ Friends 6:00-7:00 Soft Music & Relax										29	9:30-10:00 Let's Get Moving! 10:15-10:45 Men's SENS: Handsome Hands & Grooming 11:00-11:30 Men's Chat: Local Hangouts & Gathering Places 1:00-4:00 Staff & Resident Halloween Party "FANGS FOR THE MEMORIES" (AL) 6:00-7:00 Magazines & Reading										30	9:30-10:00 Coffee w/ Chronicle & Devotions 10:15-10:45 Courtyard: Gospel Hymns 11:00-11:30 SM.GRP: Spa & Manicures 1:30-2:00 ~ SUNSHINE CART ~ 2:15-2:45 Halloween Rhyme Time 3:00-3:30 Resident's Choice – Snacks & Games 3:45-4:15 Aroma & Relax 6:00-7:00 Night At The Movies (LR)										31

ALL ACTIVITIES ARE ON CHERISHED MEMORIES UNLESS OTHERWISE SPECIFIED.

ACTIVITIES ARE SUBJECT TO CHANGE.