

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>SEPTEMBER 2023</h1> <h2>Cumberland Trace Cherished Memories</h2>						Welcome to September Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Monthly Gazette Reading 11:00 Junk Drawer Detective 11:30 Devotions 1:30 Manicures 3:00 Hand Massages
Waffle Week Begins 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Making Waffles 11:00 Snacking on Waffles 11:30 Devotions 2:00 Church 3:00 Afternoon Snack 6:00 Evening Relaxation with Aromatherapy	Labor Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Flag Craft/ Labor Day Wreath Craft 11:30 Devotions 1:30 Celebrating Labor Day 2:30 Red, White and Blue Sand Art <i>Labor Day</i>	Cheese Only Day 9:30 Meet and Greet 10:00 Music with Jeffrey 11:00 Beauty Shop 1:30 Sing Along 2:30 Cheese and Crackers 3:30 Coloring	Do It! Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:30 Baking Cake 11:30 Devotions 1:30 Balloon Toss 2:30 Music with John & Enjoying Cake	Kickoff Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Bible Study with Debbie 11:30 Devotions 1:00 Crochet Club 2:00 Meet and Greet 2:30 Music with Nathan 3:30 Afternoon Snacks	Don't Wear White Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Colorful Creations 11:30 Devotions 1:30 Manicures 3:00 Hand Massages	Happy Birthday, Colonel Sanders 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Biscuits and Honey 11:30 Moving to Music 1:30 Puzzle Fun 2:30 Afternoon Refreshment 3:00 Saturday Coloring 6:00 Saturday Night at the Movies
"Sew" Be It! Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Sunday Sing Along 11:30 Devotions 2:00 Church 3:00 Afternoon Snack 6:00 Evening Relaxation with Aromatherapy <i>Grandparents Day</i>	Taste of Honey Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Honeycomb Snack 11:00 Bee Coloring 11:30 Devotions 1:30 Honeycomb Painting 2:30 Afternoon Snack 3:00 Finish Craft	Lassie's Birthday 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Beauty Shop 11:00 Manicures 11:30 Hand Massages 1:30 Sing Along 2:30 Afternoon Snack 3:00 Coloring	Chocolate Factory Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Enjoying Cookies 11:30 Devotions 2:00 Silly Safari Show (AL) 3:00 Men's Group Outside Lounging	First Lighthouse Lighting 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Bible Study with Debbie 11:30 Devotions 1:00 Crochet Club 2:30 Afternoon Snack 3:00 Lighthouse Craft	Make a Hat Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Decorating/updating Red Hats 11:30 Devotions 1:30 Red Hat Club 3:00 Manicures <i>Rosh Hashanah Begins</i>	World Play-Doh Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Play-Doh Creations 11:30 Moving to Music 1:30 Ball Toss A:20 Afternoon Refreshment 3:00 Saturday Coloring 6:00 Saturday Night at the Movies <i>Oktoberfest Begins</i>
Constitution Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Outside Lounging 11:30 Devotions 2:00 Church 3:00 Afternoon Snack 6:00 Evening Relaxation with Aromatherapy	Cheeseburger Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Making Cheeseburger Casserole 11:30 Devotions 1:30 Balloon Toss 2:30 Enjoying Casserole 3:00 Men's Group Games	A Beautiful Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Beauty Shop 11:00 Manicures 11:30 Hand Massages 1:30 Afternoon Coloring 2:30 Afternoon Refreshments 3:00 Sing Along	Punch Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Making Punch 11:00 Morning Snack 11:30 Devotions 1:30 Enjoying Punch 2:00 August and September Birthday Celebration	Hallelujah Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Bible Study with Debbie 11:30 Devotions 1:00 Crochet Club 2:00 Afternoon Snack 2:30 Making Slime 3:00 Exploring Slime	Autumn Season Begins 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Fall Craft 11:30 Devotions 1:30 Manicures 3:00 Hand Massages	American Frog Day 9:30 Meet and Greet 10:00 Music with Justin 11:00 Let's Get Moving 11:30 Daily Chronicle 1:30 Puzzle Fun 2:30 Afternoon Refreshment 3:00 Saturday Coloring 6:00 Saturday Night at the Movies <i>Autumn Begins</i>
Bullwinkle Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Sunday Sing Along 11:30 Devotions 2:00 Church 3:00 Afternoon Snack 6:00 Evening Relaxation with Aromatherapy <i>Yom Kippur Begins</i>	One-Hit Wonder Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Baking Day 11:30 Devotions 1:30 One Hit Wonder Listening 2:30 Enjoying Treats 3:00 Men's Group Outdoor Lounging	Love Note Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Beauty Shop 11:00 Manicures 11:30 Hand Massages 1:30 Coloring 2:30 Afternoon Refreshments 3:00 Sing Along	Scarf Day 9:30 Meet and Greet 10:00 Music with Doug 11:00 Let's Get Moving 11:30 Daily Chronicle 1:30 Scarf Creations 2:30 Afternoon Snack 3:00 Finish Scarfs	Good Neighbor Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Bible Study with Debbie 11:30 Devotions 1:00 Crochet Club 2:00 Afternoon Snack 2:30 Balloon Toss 3:00 Welcome Sign Decorating	Harvest Moon 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Moon Craft 11:30 Devotions 1:30 Manicures 3:00 Hand Massages <i>Sukkot Begins</i>	Submarine Day 9:30 Let's Get Moving 10:00 Daily Chronicle 10:15 Morning Refreshment 10:30 Submarine Craft 11:30 Submarine Race 1:30 Parachute Fun 2:30 Afternoon Refreshment 3:00 Saturday Coloring 6:00 Saturday Night at the Movies

All activities are subject to change. Outdoor activities may be rescheduled due to weather.