

February 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Cumberland Trace – Heritage Court

1925 Reeves Rd Plainfield, IN 46168

cumberlandtrace.us 317.838.7070

PT-Prewitt Theater AL-Assisted Living AS-Ambassador Square HC-Heritage Court

9:30 Morning Movies & Prayer 4
10:00 Current Events
10:30 Let's Make Brownies
11:00 Morning Snack
2:00 Plainfield Christian Church (AL)
3:30 Pass Out Refreshment Cart

9:30 Morning Moves & Prayer 5
10:00 Current Events
10:30 Bingo
2:00 St. Susanna Catholic Mass (PT)
3:30 Milkshake Monday

9:30 Morning Moves & Prayer 6
10:00 Current Events
10:30 Glitter Lights
11:00 Trivia Tuesday
1:30 Small Group Sensory Junk Drawer Detective
2:00 Card Club
3:00 An Afternoon With Abe Lincoln (AL)
6:00 Holy Hour With Dean White (HC)

9:30 Morning Moves & Prayer 7
10:00 Current Events
10:30 Take Out From Culver's
2:00 Bingo
3:30 Valentine's Coloring Pages & Snacks

Black History Month 1
9:30 Morning Moves & Prayer
10:00 Current Events
10:30 Let's Make Baked Mac & Cheese
11:00 Who Am I?
1:30 Small Group Sensory Remember Playing In The Snow
2:00 Yahtzee!
3:00 Social Hour
6:00 Card Night

Groundhog Day 2
9:30 Morning Moves & Prayer
10:00 Current Events
10:30 Manicures & Groundhog Doorknob Hangers
2:00 Music With Biscuits & Gravy Band (AL)
3:30 Prayer Circle
6:00 Movie & Popcorn

The Day The Music Died 3
9:30 Morning Moves & Prayer
10:00 Current Events
10:30 Decorating Nerdy Glasses
11:00 Remembering Buddy Holly
1:30-3:00 Bingo
3:30 Pass Out Refreshment Cart

Activities Combined on HC 11
9:00 Morning Greetings Visits
9:30 Get Up & Go!
10:00 Coffee & Current Events
10:30 Pass Out Devotions & Snacks
11:00 Cooking with Friends – Pigs in a Blanket
1:00 Afternoon Chats Visits
2:00 First Baptist Church (AL)
3:30 Superbowl Snack Cart RV
6:00 Superbowl VIII on CBS
Superbowl Sunday

Abe Lincoln's Birthday 12
9:30 Morning Moves & Prayer
10:00 Current Events
10:30 Men's Coffee & History Of Wheaties
11:00 Small Group Sensory Aromatherapy Diffuser
2:00 Bingo
3:30 Margarita Monday

Shrove Tuesday / Mardi Gras 13
9:30 Morning Moves & Prayer
10:00 Current Events
10:30 Decorating Masks
11:00 True Or False
2:00 Music With Rhatatat! (AS)
3:30 Mardi Gras Social
6:00 Holy Hour With Dean White (HC)

Ash Wednesday / Valentine's Day 14
9:30 Shopping At Walmart
2:00 Valentine's Bingo
3:30 Famous Couples Matchup & Snacks

9:30 Morning Moves & Prayer 15
10:00 Current Events
10:30 Let's Make 5 Million Dollar Dip
11:00 Picture A Word
1:30 Small Group Sensory Remembering Love Songs
2:00 Uno!
3:00 Social Hour
6:00 Card Night

9:30 Morning Moves & Prayer 16
10:00 Current Events
10:30 Manicures
1:30 Movie & Popcorn
2:00 Travel Brief & Table Puzzles
2:30 Who, What, Where Am I?
3:30 Prayer Circle

9:30 Morning Moves & Prayer 17
10:00 Current Events
10:30 Butterfly Suncatchers
11:00 Morning Funnies
1:30-3:00 Bingo
3:30 Pass Out Refreshment Cart

9:30 Morning Movies & Prayer 18
10:00 Current Events
10:30 Let's Make Muffins
11:00 Morning Snack
2:00 United Methodist Church (AL)
3:30 Pass Out Refreshment Cart

President's Day 19
9:30 Morning Moves & Prayer
10:00 Current Events
10:30 Paint By Number
11:00 Presidential Quiz
2:00 Bingo
3:30 Milkshake Monday

9:30 Morning Moves & Prayer 20
10:00 Current Events
10:30 Painting Birdhouses
11:00 Trivia Tuesday
1:30 Small Group Sensory Hand Massages
2:00 Card Club
3:00 Social Hour
6:00 Holy Hour With Dean White (HC)

9:30 Morning Moves & Prayer 21
10:00 Current Events
10:30 Lunch At Texas Roadhouse
2:00 Bingo
3:30 Adult Coloring Pages & Snacks

9:30 Morning Moves & Prayer 22
10:00 Current Events
10:30 Let's Make Birthday Cake
11:00 Dot To Dot
1:30 Small Group Sensory Can You Picture This?
2:00 Yahtzee!
3:00 Celebrating February Birthdays!
6:00 Card Night

9:30 Morning Moves & Prayer 23
10:00 Current Events
10:30 Resident Council & Food Council (AL)
1:30 Manicures
3:30 Prayer Circle

Activities Combined on AS 24
9:00 Morning Greetings Visits
9:30 Get Up & Go! (AS)
10:00 Coffee & Current Events (AS)
10:30 Pass Out Puzzles & Snacks
11:00 Butterfly Paper Plates (AS)
1:00 Afternoon Chats Visits
1:30-3:00 Bingo (AS)
3:30 Coloring with Friends (AS)

Activities Combined on HC 25
9:00 Morning Greetings Visits
9:30 Get Up & Go!
10:00 Coffee & Current Events
10:30 Pass Out Devotions & Snacks
11:00 Cooking with Friends – Chocolate Chip Cookies
1:00 Afternoon Chats Visits
2:00 Plainfield Christian Church (AL)
3:30 Whiteboard Games & Snack

9:30 Morning Moves & Prayer 26
10:00 Current Events
10:30 Men's Coffee & Chatting About Famous Celebrities
11:00 Small Group Sensory Soothing Music & Snacks
2:00 Bingo
3:30 Margarita Monday

9:30 Morning Moves & Prayer 27
10:00 Current Events
10:30 Making Lip Balm
11:00 Trivia Tuesday
2:00 Music With Doug Debaun (HC)
3:00 Social Hour
6:00 Holy Hour With Dean White (HC)

9:30 Shopping At Dollar Tree 28
2:00 Bingo
3:30 Table Talk Tidbits & Snacks

9:30 Morning Moves & Prayer 29
10:00 Current Events
10:30 Let's Make Lemon Cheesecake Bars
11:00 Pondering Prompts
1:30 Small Group Sensory Can You See The Big Picture?
2:00 Uno & Snacks
3:00 Music With Tom Wright (AS)
6:00 Card Night

All activities are on Heritage Court unless specified. Activities are subject to change. Outings may be cancelled due to weather. Must sign up prior and provide own money for outings/take out.