

November 2023

Bell Trace Special Events and Outings

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 - 3:00 PM Tech Help with Tim LIB 5 2:30 PM Board Games and Cards with HBO AH 3:15 PM Depart for Sacred Arts at Trinity—A Concert for All Saints and Souls	5:00 - 6:30 PM Tech Help with Students LIB 6 6:30 PM Music with Nathan Dillon LBY 6:00 PM Depart for SIWE Fall Concert 6:45 PM Depart for Jazz @ the BCT—Natalie Boeyink Jazz Ensemble	Election Day 7 TBA Depart for Voting 9:00 AM - 3:00 PM Give and Take Day COM 1:30 PM Resident Council COM 2:30 PM Healing Hands Tai Chi with Linda COM 5:30 PM Depart for IU Men's Basketball vs. Florida Gulf Coast [\$] 6:45 PM Depart for <i>Cabaret</i> [\$] 6:30 PM Watch IU Men's Basketball vs. Florida Gulf Coast 3 rd FL 7:15 PM Depart for Salón Latino Chamber Music Series: Guest Recital	10:45 AM Depart for Lunch—Come N Git It [\$] 1 4:00 - 5:00 PM AI Robot Study Callout CH 5:00 - 6:30 PM Tech Help with Students LIB 6:00 PM Depart for IU Women's Basketball vs. Northwood [\$]	Bell Trace's 25th Anniversary 2 By appt. Massages GR 7:30 - 9:00 AM Annual Bell Trace Anniversary Pancake Breakfast CAF 2:00 PM Movie— <i>Uncle Buck</i> COM 4:00 PM Catholic Mass CH 6:45 PM Depart for <i>Come From Away</i> [\$] 7:15 PM Depart for Symphony Orchestra	10:00 AM Men's Coffee and Conversation 3 rd FL 3 1:30 PM Depart for Parkinson's Support Group 2:00 PM November Birthday Party COM 5:30 PM Depart for IU Men's Basketball vs. Marian (exh.) [\$] 6:45 PM Depart for The Oak Ridge Boys [\$] 7:15 PM Depart for Concert Band	11:00 AM Depart for IU Football vs. Wisconsin [\$] 4 12:00 PM Watch IU Football vs. Wisconsin 3 rd FL 10:00 AM Depart Artisan Guilds of Bloomington Holiday Show 10:00 AM Depart for Monroe County History Center November Garage Sale Extravaganza 1:15 PM Depart for Harp Ensemble—Fall Concert
12:15 PM Depart for IU Volleyball vs. Minnesota [\$] 12 2:00 PM Suzuki Strings Play In COM 2:30 PM Board Games and Cards with HBO AH 3:15 PM Depart for Baroque Orchestra 6:00 PM Depart for IU Men's Basketball vs. Army [\$] 7:00 PM Watch IU Men's Basketball vs. Army 3 rd FL 7:00 PM Second Sunday Musical— <i>Moulin Rouge</i> COM Diwali (Hindi)	4:15 PM Depart for Faculty/Guest Recital—Hyerim Song, piano 13 5:00 - 6:30 PM Tech Help with Students LIB 7:15 PM Depart for Guest Recital—Sheila Brown, viola	9:00 AM Library Committee LIB 14 1:00 PM Flower Arranging SR 1:00 PM Music with John Kogge LBY 1:30 PM Healing Hands Tai Chi with Linda COM 2:00 PM Bazaar Prep ART 2:45 PM Let's Talk About Weather COM 6:15 PM Depart for Paul Anka [\$] 7:15 PM Depart for Pro Cantare 7:15 PM Depart for Concert Band, Symphonic Band, and Wind Ensemble	10:30 - 11:30 AM Hearing Aid Checks GAL 8 11:00 AM Depart for Lunch—Red Robin Gourmet Burgers and Brews [\$] 1:30 PM <i>The Nutcracker</i> Ballet Sneak Peek COM 2:00 PM Depart for West Side Shopping 3:30 PM Parkinson's Support Group CH 5:00 - 6:30 PM Tech Help with Students LIB 7:15 PM Depart for Chamber Orchestra	Carl Sagan Day National Fried Chicken Day 9 By appt. Massages GR 9:15 AM Depart for Stories, Art, and Aging Class 2:00 PM Video— <i>Cosmos: Shores of Cosmic Ocean</i> COM 6:00 PM Depart for IU Women's Basketball vs. Eastern Illinois [\$]	10:00 AM / 12:00 PM Depart for All-Day Transportation 10 10:30 AM Depart for The LUME Indianapolis featuring Van Gogh and Lunch [\$] 1:30 PM Newcomers Meeting CAF 3:30 PM Veterans Day Ceremony and Reception POR 4:00 - 6:00 PM Cello Recital COM 6:15 PM Depart for IU Volleyball vs. Rutgers [\$] 6:30 PM Bingo with IU APO Students AH 7:15 PM Depart for Guitar Ensemble	TBA Watch IU Football vs. Illinois 3 rd FL 11 10:00 AM Depart for Bloomington Community Farmers' Market 10:00 AM Depart for Bloomington Handmade Market—Holiday 2023 1:00 - 4:00 PM Ralph Gray's 90 th Birthday Party COM 3:30 - 4:30 PM Tech Help with Students LIB 7:00 PM Movie— <i>Dave</i> COM 6:45 PM Depart for <i>Roméo et Juliette</i> [\$] 6:45 PM Depart for Potpourri: An African American Performance Showcase [\$] Veterans Day Remembrance Day (Canada)
12:00 PM Watch IU Men's Basketball vs. Connecticut 3 rd FL 19 12:15 PM Depart for IU Volleyball vs. Wisconsin [\$] 1:00 PM Depart for IU Women's Basketball vs. Lipscomb [\$] 1:00 - 3:00 PM Tech Help with Tim LIB 2:00 PM Layla Vamos Music COM 6:15 PM Depart for Wheel of Fortune Live! [\$]	TBA Watch IU Men's Basketball vs. TBA 3 rd FL 20 9:45 AM St. Thomas Lutheran Communion CH 5:00 - 6:30 PM Tech Help with Students LIB	10:00 - 11:30 AM Trace Talks COM 21 1:30 PM Healing Hands Tai Chi with Linda GAL 2:00 PM Bazaar Prep ART 2:45 PM Let's Talk About Weather COM 3:30 PM Apartment Chat COM	10:30 AM Cottage Chat CAF 22 11:00 AM Depart for Lunch—Chicken Salad Chick [\$] 2:00 PM Depart for West Side Shopping 3:30 PM Parkinson's Support Group CH 4:00 - 5:00 Bloomington Classical Guitar Society Plays Background Music for Social Hour COM 5:00 - 6:30 PM Tech Help with Students LIB	Thanksgiving Day (US) 23	7:00 PM Depart for <i>Celebrate the Season with the BSO</i> [\$] 24	TBA Watch IU Football vs. Purdue 3 rd FL 25 10:00 AM Depart for Annual Bloomington Holiday Market and Farmers' Market 3:30 - 4:30 PM Tech Help with Students LIB
2:00 PM Reed Twins Piano Performance COM 26 4:30 PM Watch IU Men's Basketball vs. Harvard 3 rd FL	5:00 - 6:30 PM Tech Help with Students LIB 27 6:30 PM Music with John Kogge LBY	1:00 PM Garden Group SR 28 1:30 PM Healing Hands Tai Chi with Linda COM 2:00 PM Quilt Turning Ceremony COM 2:45 PM Let's Talk About Weather COM	10:45 AM Depart for Lunch—Smokin' Jim's BBQ and Steakhouse [\$] 29 1:00 PM Music with Joyce and Friends COM 5:00 - 6:30 PM Tech Help with Students LIB	9:15 AM Depart for Stories, Art, and Aging Class 30 1:00 PM Mindfulness Meditation with Anna CH 2:00 PM Movie— <i>Hook</i> COM 7:15 PM Depart for New Music Ensemble	Key: AH Assembly Hall GAL Gallery ART Art Studio GR Game Room BIS Bistro GT Game Tables CAF Café LBY Lobby CH Chapel LIB Library COM The Commons POR Portico CPL Center Parking Lot SR Sunroom FL Floor Lounge	

BELL TRACE WEEKLY ACTIVITY ROUTINE

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	TIME
			Transportation to Medical Appointments 8:00 AM - 2:30 PM		Transportation to Medical Appointments 8:00 AM - 2:30 PM			
9:00 AM		Depart for Banking (LBY)						9:00 AM
10:00 AM		Depart for East Side Shopping (LBY)			Music and Movement with Sarah (10:15 AM) (COM)		Bible Study with Kurt (3rd FL)	10:00 AM
10:30 AM		Exercise with Michelle (COM)		Exercise with Michelle (COM)		Exercise with Michelle (COM)		10:30 AM
11:00 AM								11:00 AM
11:30 AM				Bookmobile (POR)				11:30 AM
1:00 PM		Trivia (3rd FL)	Garden Group (SR)	Blood Pr. Checks (3rd FL GT) Mah Jongg (GR)	Trivia (3rd FL) Creative Card Club (AH)	Balloon Volleyball (COM)	History Video (CH)	1:00 PM
1:30 PM		Arts & Crafts (ART)		Arts & Crafts (ART)				1:30 PM
2:00 PM		Depart for East Side Shopping (LBY)	Fiber Arts (3rd FL) Balloon Volleyball (CH)	Depart for East/West Side Shopping (LBY)	Writing Group (3rd FL) Movie Matinee (COM)		Balloon Volleyball (COM)	2:00 PM
3:00 PM		Silver Strings (COM) Bingo (AH)						3:00 PM
3:30 PM					Catholic Rosary (CH)		Tech Help with Students (LIB)	3:30 PM
4:00 PM	Church Service (CH)			Social Hour (COM)	Catholic Mass/Communion (CH)			4:00 PM
4:30 PM								4:30 PM
5:00 PM		Tech Help with Students (LIB)		Tech Help with Students (LIB)				5:00 PM
6:00 PM								6:00 PM
6:30 PM						Bingo with Students (AH)		6:30 PM
7:00 PM							Saturday Night at the Movies (COM)	7:00 PM
KEY	AH=Assembly Hall; ART=Art Studio; CAF=Café; CH=Chapel; COM=The Commons; FL=Floor Lounge; GAL=Gallery; GR =Game Room; GT=Game Tables ; LBY=Front Lobby; POR=Portico							KEY