

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Cumberland Trace Assisted Living**October 2020****1925 Reeves Road Plainfield, Indiana 46168****cumberlandtrace.us (317) 838-7070**

Cumberland Trace Assisted Living October 2020 1925 Reeves Road Plainfield, Indiana 46168 cumberlandtrace.us (317) 838-7070						10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Wii Games 1:00 Polka-dot Pumpkins 3:00 Social Hour 6:00 Bingo (AL Bistro)	1	Indoor Family Visitation Day Appointment Only Schedule via Activity Staff Sukkot Begins	2	10:00 Courtyard Stroll 10:30 Daily Chronicle 2:00 Bingo (AL Bistro)	3		
9:30 – 11:30 Morning Exercise on Channel 4 with Jessica 10:30 Sunday Puzzle Packets 1:45 Movie Matinee (PT)	4	10:00 Sit & Stretch 10:30 Daily Chronicle 2:00 Bingo (AL Bistro) 3:00 Bible Study With Betty Cooper (Bistro)	5	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Cranium Crunches 1:30 Manicures 3:00 Social Hour	6	Indoor Family Visitation Day Appointment Only Schedule via Activity Staff 2:00 Town Hall Meeting AL Bistro	7	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Wii Games 1:00 Thankful Leaves 3:00 Social Hour 6:00 Bingo (AL Bistro)	8	Indoor Family Visitation Day Appointment Only Schedule via Activity Staff 2:00 Movie Matinee & Popcorn (PT)	9	10:00 Courtyard Stroll 10:30 Daily Chronicle 2:00 Bingo (AL Bistro) 3:15 Book Club (CH)	10
9:30 – 11:30 Morning Exercise on Channel 4 with Jessica 10:30 Sunday Puzzle Packets 1:45 Movie Matinee (PT)	11	10:00 Sit & Stretch 10:30 Daily Chronicle 2:00 Bingo (AL Bistro) 3:00 Bible Study With Betty Cooper (Bistro) Columbus Day (US) Thanksgiving Day (Canada)	12	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Cranium Crunches 1:30 Manicures 3:00 Social Hour	13	Indoor Family Visitation Day Appointment Only Schedule via Activity Staff 3:00 Bible Study With Betty Cooper (Bistro)	14	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Wii Games 1:00 Carmel Apple Decor 3:00 Social Hour 6:00 Bingo (AL Bistro)	15	Indoor Family Visitation Day Appointment Only Schedule via Activity Staff 2:00 Movie Matinee & Popcorn (PT)	16	10:00 Courtyard Stroll 10:30 Daily Chronicle 2:00 Bingo (AL Bistro) 3:15 Book Club (CH)	17
9:30 – 11:30 Morning Exercise on Channel 4 with Jessica 10:30 Sunday Puzzle Packets 1:45 Movie Matinee (PT)	18	10:00 Sit & Stretch 10:30 Daily Chronicle 2:00 Bingo (AL Bistro) 3:00 Bible Study With Betty Cooper (Bistro)	19	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Cranium Crunches 1:30 Manicures 3:00 Social Hour	20	Indoor Family Visitation Day Appointment Only Schedule via Activity Staff 3:00 Bible Study With Betty Cooper (Bistro)	21	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Wii Games 1:00 Painting/Carving Pumpkins!!! 3:00 Social Hour 6:00 Bingo (AL Bistro)	22	Indoor Family Visitation Day Appointment Only Schedule via Activity Staff 2:00 Movie Matinee & Popcorn (PT)	23	10:00 Courtyard Stroll 10:30 Daily Chronicle 2:00 Bingo (AL Bistro) 3:15 Book Club (CH)	24
9:30 – 11:30 Morning Exercise on Channel 4 with Jessica 10:30 Sunday Puzzle Packets 1:45 Movie Matinee (PT)	25	10:00 Sit & Stretch 10:30 Daily Chronicle 2:00 Bingo (AL Bistro) 3:00 Bible Study With Betty Cooper (Bistro)	26	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Cranium Crunches 1:30 Manicures 3:00 Social Hour	27	Indoor Family Visitation Day Appointment Only Schedule via Activity Staff 3:00 Bible Study With Betty Cooper (Bistro)	28	10:00 Sit & Stretch 10:30 Daily Chronicle 11:00 Wii Games 1:00 Foam Owl Turkeys 3:00 Social Hour 6:00 Bingo (AL Bistro)	29	Indoor Family Visitation Day Appointment Only Schedule via Activity Staff Staff Halloween Party in Civic Hall	30	2:00 Outdoor Trick Treat Parade  Happy Halloween Halloween	31

Sukkot Begins

Simchat Torah Begins

Columbus Day (US)
Thanksgiving Day (Canada)

Halloween