

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CUMBERLAND TRACE - RENAISSANCE WAY / REHAB  1925 REEVES RD. PLAINFIELD, IN 46168 (317) 838-7070 CARDON.US/COMMUNITIES/CUMBERLAND-TRACE (PT) PREWITT THEATER (DR) DINING ROOM (PR) POOL ROOM (2ND FLR) SECOND FLOOR			10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: NEWSPAPER / CURRENT EVENTS 12:30 ARTS & CRAFTS: WOOD SPRING WIND CHIMES 1:30 BINGO (CHAIR EXERCISES) 2:30 PORCH SITTING & LEMONADE 3:00 BIBLE STUDY W/ CHURCH OF CHRIST 6:00 CARD NIGHT (2 ND FLR) All Fools' Day Passover Begins	2 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS: HUMOR - A WEE BIT O' IRISH 12:30 MOVIE MATINEE (PT): SINGING IN THE RAIN 12:30 WALMART 1:00 MILKSHAKES & GUY TALK 2:00 POPCORN CART 3:00 BINGO 6:00 EUCHRE (2 ND FLR) LAST DAY OF LENT	3 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: TABLE TALK TIDBITS 11:00 WHATCHA COOKIN: BLUEBERRY MUFFINS 12:30 COURTYARD RELAXING 1:30 HAPPY HOUR (PR) 3:00 FANCY NAILS 6:00 CARD NIGHT (2 ND FLR)	4 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 2:30-4:00 BINGO
5 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 2:00 PLAINFIELD CHRISTIAN CHURCH Easter Sunday	6 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: APRIL TRIVIA 11:00 WHATCHA COOKIN: PERSONAL CHEESE PIZZA 1:00 ST SUSANNA CATHOLIC MASS (PT) 12:30 COURTYARD RELAXING 1:30 HAPPY HOUR (PR) 3:00 FANCY NAILS 6:00 CARD NIGHT (2 ND FLR)	7 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS: WHO AM I - JANE GOODALL 12:30 MOVIE MATINEE (PT): PAWS TO THE RESCUE 1:00 MARGARITAS & GAME TIME - RESIDENT'S CHOICE 2:00 AFTERNOON MOVE & GROOVE (VIDEO) 3:00 BINGO 6:00 EUCHRE (2 ND FLR)	8 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: NEWSPAPER / CURRENT EVENTS 11:00 OLIVE GARDEN 12:30 ARTS & CRAFTS: BUNNY FENCE CRAFT 1:30 BINGO (CHAIR EXERCISES) 2:30 PORCH SITTING & LEMONADE 3:00 BIBLE STUDY W/ CHURCH OF CHRIST 6:00 CARD NIGHT (2 ND FLR)	9 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS: STAR OF THE MONTH 12:30 MOVIE MATINEE (PT): REAR WINDOW 1:00 MILKSHAKES & GUY TALK 2:00 POPCORN CART 3:00 BINGO 6:00 EUCHRE (2 ND FLR)	10 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: TRIVIA - WHAT TREE AM I 11:00 WHATCHA COOKIN: DEVEILED EGGS 12:30 FANCY NAILS 1:30 MUSIC W/ TOM BROWN 3:00 HAPPY HOUR (PR) 6:00 BINGO	11 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 1:00-3:00 (MAIN LOBBY) BUNNY & BLOOMS FAMILY DAY 2:00-3:00 MUSIC W/ BISCUITS & GRAVY (DR)
12 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 2:00 FIRST BAPTIST CHURCH	13 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: RANDOM TRIVIA 11:00 WHATCHA COOKIN: CHICKEN WINGS W/ BBQ SAUCE 12:30 COURTYARD RELAXING 1:00 COMMUNION (PR) 1:30 HAPPY HOUR (PR) 3:00 FANCY NAILS 6:00 CARD NIGHT (2 ND FLR)	14 9:00 ERRAND DAY 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS: APRIL JOKES 12:30 MOVIE MATINEE (PT): THE SORROW & THE PITY 1:00 MARGARITAS & GAME TIME - RESIDENT'S CHOICE 2:00 AFTERNOON MOVE & GROOVE (VIDEO) 3:00 BINGO 6:00 EUCHRE (2 ND FLR)	15 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: NEWSPAPER / CURRENT EVENTS 12:30 MEIJER 12:30 ARTS & CRAFTS: CERAMIC TEA POT PLANTERS 1:30 MUSIC W/ DAVE LASKEY 2:30 PORCH SITTING & LEMONADE 3:00 BIBLE STUDY W/ CHURCH OF CHRIST 6:00 CARD NIGHT (2 ND FLR)	16 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS 12:30 MOVIE MATINEE (PT): BEETHOVEN 1:00 MILKSHAKES & GUY TALK 2:00 POPCORN CART 3:00 BINGO 6:00 EUCHRE (2 ND FLR)	17 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: FLAMBOYANT FLAMINGOS 11:00 WHATCHA COOKIN: CHEESY GARLIC BREAD 12:30 COURTYARD RELAXING 1:00 FANCY NAILS 2:00 MUSIC W/ BISCUITS & GRAVY (DR) 3:00 HAPPY HOUR (PR) 6:00 CARD NIGHT (2 ND FLR)	18 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 2:30-4:00 BINGO
19 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 2:00 UNITED METHODIST CHURCH	20 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: ROLLING THREW TIME 11:00 WHATCHA COOKIN: CHIPS W/ ONION DIP 12:30 COURTYARD RELAXING 1:00 COMMUNION (PR) 1:00 FANCY NAILS 2:00 MUSIC W/ GLACIER LINE (DR) 3:00 HAPPY HOUR (PR) 6:00 MUSIC W/ JUSTIN MONTS	21 9:00 ANDERSON CASINO 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS: AMERICAN POETRY 12:30 MOVIE MATINEE (PT): NORTH BY NORTHWEST 1:00 MARGARITAS & GAME TIME - RESIDENT'S CHOICE 2:00 AFTERNOON MOVE & GROOVE (VIDEO) 3:00 BINGO 6:00 EUCHRE (2 ND FLR)	22 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: NEWSPAPER / CURRENT EVENTS 12:30 ARTS & CRAFTS: CRYSTAL BEADED SUNCATCHERS 12:30 JC PENNY'S 1:30 BINGO (CHAIR EXERCISES) 2:30 PORCH SITTING & LEMONADE 3:00 BIBLE STUDY W/ CHURCH OF CHRIST 6:00 CARD NIGHT (2 ND FLR) Earth Day Administrative Professionals Day	23 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS: TRAVELOGUE - CHECKING OUT CHILE 12:30 MOVIE MATINEE (PT): REAR WINDOW 1:00 MILKSHAKES & GUY TALK 2:00 POPCORN CART 3:00 BINGO 6:00 EUCHRE (2 ND FLR)	24 10:00-3:00 FREE RUMMAGE SALE BOOKS, CLOTHING, SHOES, AND MORE! 6:00 BINGO Arbor Day	25 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 2:30-4:00 BINGO
26 GRAB & GO DAILY CHRONICLE DEVOTIONS & PUZZLES SILVER STRIDERS / WALKING CLUB ENJOY A WALK OUTDOORS! 2:00 PLAINFIELD CHRISTIAN CHURCH	27 10:00-2:00 PAPARAZZI JEWELRY 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: TRIVIA - BIGGER THAN LIFE 11:00 WHATCHA COOKIN: WATERMELON 12:30 COURTYARD RELAXING 1:00 COMMUNION (PR) 1:30 HAPPY HOUR (PR) 3:00 FANCY NAILS 6:00 CARD NIGHT (2 ND FLR)	28 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS: EZ RANDOM TRIVIA 12:30 MOVIE MATINEE (PT): WINN DIXIE 1:00 MARGARITAS & GAME TIME - RESIDENT'S CHOICE 2:00 MUSIC W/ RJ SUTTON 3:00 BINGO 6:00 EUCHRE (2 ND FLR)	29 10:00 SIT & STRETCH 10:30 TEA & AROMATHERAPY: NEWSPAPER / CURRENT EVENTS 11:00 THE COACHMAN 12:30 ARTS & CRAFTS: RESIDENT'S CHOICE / MISC. 1:30 BINGO - CHAIR EXERCISES 2:00 TOWN HALL 3:00 BIBLE STUDY W/ CHURCH OF CHRIST 6:00 CARD NIGHT (2 ND FLR)	30 10:00 SIT & STRETCH 10:30 COFFEE & CONVOS: APRIL HUMOR 12:30 MOVIE MATINEE (PT): IT'S A WONDERFUL LIFE 1:00 MILKSHAKES & GUY TALK 2:00 POPCORN CART 3:00 BINGO 6:00 EUCHRE (2 ND FLR)	RENAISSANCE WAY / REHAB RESIDENT'S: JOIN US FOR GROUP ACTIVITIES ON ASSISTED LIVING. ALL ACTIVITIES ARE IN CIVIC HALL UNLESS OTHERWISE SPECIFIED. MUST CONSULT WITH THERAPY DEPT. PRIOR TO ATTENDING OUTINGS. ACTIVITIES ARE SUBJECT TO CHANGE. INDEPENDENT LEISURE ENCOURAGED DURING REHAB STAY. MATERIALS AVAILABLE SUCH AS PUZZLES, SNACKS, GAMES, ETC.	

WANT TO STAY ACTIVE? WATCH OUR DAILY EXERCISE VIDEO! 9:00 AM ON CHANNEL 4 MOVE AT YOUR OWN PACE... ..RIGHT FROM YOUR ROOM!