





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30-11:30 Exercise Video {Channel 4} 1 9:00 Passout Daily Chronicle & Activity Sheet 2:00 Plainfield Christian Church 3:30 Movie Matinee {Channel 4}	9:30-11:30 Exercise Video {Channel 4} 2 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Whatcha Got Cookin?-Pecan Turtles 1:30 Happy Hour {Pool Room} 2:00 St. Susanna Catholic Mass {Prewitt Theater} 3:00 Fancy Nails	9:30-11:30 Exercise Video {Channel 4} 3 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Trivia Tuesday 3:15 Bingo/Quarters 	10:00-2:00 Christmas Craft & Vendor Show 4 9:30-11:30 Exercise Video {Channel 4} 9:00 Passout Daily Chronicle & Activity Sheet 1:00 Rosary {Pool Room} 3:00 West Church of Christ Bible Study {Prewitt Theater}	9:30-11:30 Exercise Video {Channel 4} 5 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Donuts & Discussions "Star of The Month" 1:00 Ladies Jewelry Beading with Tea & Cookies 2:00 Sip & Social-Hot Cocoa 3:00 Bingo/Quarters	9:30-11:30 Exercise Video {Channel 4} 6 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Coffee & Conversations "Table Talk Tidbits" 1:00 Family Feud 2:00 Music with Biscuits & Gravy {Dining Room} 3:00 Fancy Nails 6:00 Bingo/Quarters	9:30-11:30 Exercise Video {Channel 4} 7 9:00 Passout Daily Chronicle & Activity Sheet 1:30 Student Violin Recital 3:00-4:30 Bingo/Prizes
9:30-11:30 Exercise Video {Channel 4} 8 9:00 Passout Daily Chronicle & Activity Sheet 2:00 First Baptist Church 3:30 Movie Matinee {Channel 4}	9:30-11:30 Exercise Video {Channel 4} 9 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Whatcha Got Cookin?-Peanut Butter Blossoms 1:00 Communion {Pool Room} 1:30 Happy Hour {Pool Room} 3:00 Fancy Nails	9:30-11:30 Exercise Video {Channel 4} 10 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Trivia Tuesday 1:00 Men's Wild West Rummy with Donuts & Coffee 2:00 Sip & Social-Hot Cocoa 3:00 Bingo/Quarters	9:30-11:30 Exercise Video {Channel 4} 11 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Cranium Crunches 1:00 Rosary {Pool Room} 1:00 Arts & Crafts: Winter Snow Jars 3:00 West Church of Christ Bible Study 5:00-7:00 Holiday Party {Family Must RSVP Prior}	9:30-11:30 Exercise Video {Channel 4} 12 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Donuts & Discussions "Travelogue" 3:15 Bingo/Quarters 6:00 Painting with Tracey	9:30-11:30 Exercise Video {Channel 4} 13 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Whatcha Got Cookin?-Reindeer Food 1:30 Happy Hour {Pool Room} 3:00-4:30 Bingo 6:00 Card Night 	9:30-11:30 Exercise Video {Channel 4} 14 9:00 Passout Daily Chronicle & Activity Sheet 2:00 Faithful Chimes Holiday Program {Dining Room}
9:30-11:30 Exercise Video {Channel 4} 15 9:00 Passout Daily Chronicle & Activity Sheet 2:00 United Methodist Church 3:00 Faith Lutheran Christmas Caroling in Civic Hall 3:30 Movie Matinee {Channel 4}	9:30-11:30 Exercise Video {Channel 4} 16 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Whatcha Got Cookin?-Beef Cheeseball 1:00 Communion {Pool Room} 1:30 Happy Hour {Pool Room} 3:00 Fancy Nails 6:00 Music with Heartistry Singers	9:30-11:30 Exercise Video {Channel 4} 17 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Trivia Tuesday 1:00 Gift Wrapping Station & Christmas Card Making 2:00 Music with Isaac Strong 3:00 Bingo/Quarters	9:30-11:30 Exercise Video {Channel 4} 18 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Cranium Crunches 1:00 Rosary {Pool Room} 1:30 Christmas Tea Party with Christina 3:00 West Church of Christ Bible Study 	10:00-2:00 Paparazzi Jewelry 19 9:30-11:30 Exercise Video {Channel 4} 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Donuts & Discussions "Who, What, Where?" 2:00 Music with Apple Pickers Dulcimer Group {Dining Room} 3:15 Bingo/Quarters	9:30-11:30 Exercise Video {Channel 4} 20 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Coffee & Conversations "Holiday Finishers" 1:00 Making Gingerbread Houses 2:00 Town Hall Meeting 3:00 Fancy Nails 6:00 Bingo/Quarters	9:30-11:30 Exercise Video {Channel 4} 21 9:00 Passout Daily Chronicle & Activity Sheet 2:00-3:30 Bingo/Prizes 4:30 First Baptist Church Christmas Caroling through the Halls Winter Begins
9:30-11:30 Exercise Video {Channel 4} 22 9:00 Passout Daily Chronicle & Activity Sheet 2:00 Plainfield Christian Church 3:30 Movie Matinee {Channel 4} 	9:30-11:30 Exercise Video {Channel 4} 23 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Whatcha Got Cookin?-Corn Bread Muffins 1:00 Communion {Pool Room} 1:30 Happy Hour {Pool Room} 3:00 Fancy Nails 6:00 Music with Justin Monts	9:30-11:30 Exercise Video {Channel 4} 24 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Trivia Tuesday 1:00 Christmas Social with Cinnamon Rolls & Egg Nogg {Prewitt Theater} 3:00 White Elephant Bingo! {Prewitt Theater}	9:30-11:30 Exercise Video {Channel 4} 25 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Cranium Crunches 11:00 Christmas Lunch {Family Must RSVP Prior} 1:00 Rosary {Pool Room} 2:00 "White Christmas" Movie Matinee {Channel 4} <i>Merry Christmas</i>	9:30-11:30 Exercise Video {Channel 4} 26 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Donuts & Discussions "The Power of Contentment" 1:00 Arts & Crafts: New Years Centerpieces 2:00 Sip & Social-Hot Cocoa 3:00 Bingo/Quarters Boxing Day (Canada) Kwanzaa Begins	9:30-11:30 Exercise Video {Channel 4} 27 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Whatcha Got Cookin?-Seven Layer Dip 1:30 Happy Hour {Pool Room} 3:00 Fancy Nails 6:00 Card Night	9:30-11:30 Exercise Video {Channel 4} 28 9:00 Passout Daily Chronicle & Activity Sheet 2:00-3:30 Bingo/Prizes
9:30-11:30 Exercise Video {Channel 4} 29 9:00 Passout Daily Chronicle & Activity Sheet 2:00 Plainfield Christian Church 3:30 Movie Matinee {Channel 4}	9:30-11:30 Exercise Video {Channel 4} 30 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Coffee & Conversations "Junk Drawer Detective" 1:00 Communion {Pool Room} 1:00 New Years Resolutions with Cheese & Crackers 2:00 Music with Rhatatat! 3:00 Fancy Nails	9:30-11:30 Exercise Video {Channel 4} 31 9:00 Passout Daily Chronicle & Activity Sheet 10:00 Sit & Be Fit 10:30 Trivia Tuesday 3:15 New Years Bingo with Beers & Cheers!  New Year's Eve	ALL ACTIVITIES ARE ON ASSISTED LIVING UNLESS SPECIFIED.			

December 2024

RENAISSANCE WAY {REHAB}